### "Flying Stars"

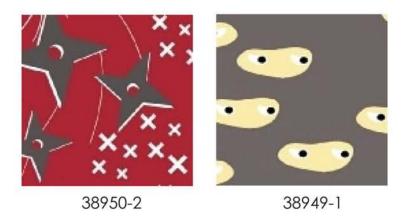
Designed by Rebecca Roach of Frybread Quilts
Featuring the Ninjas Don't Sweat collection by Lily Gonzales-Creed
Finished Size: 36 x 48"



Check www.windhamfabrics.com Free Project section to see if there are any pattern updates before you start your quilt



# "Flying Free"



#### **Fabric Requirements**

Background fabric 38950-2: 2 yds

White: .5 yd Black: .25 yd

Backing & Binding fabric 38949-1: 2.5 yds

WOF means "Width of Fabric" from selvedge to selvedge. All seam allowances are a quarter inch.

#### **Piecing Instructions**

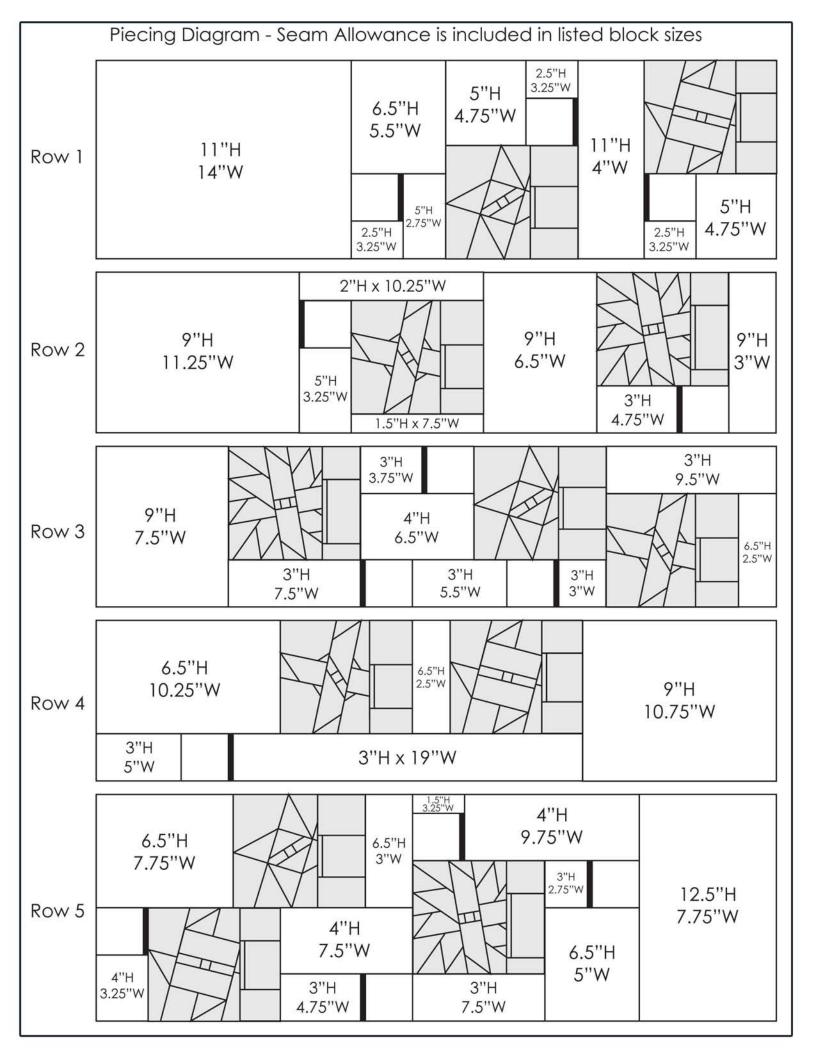
- 1. Cut a strip of Black Fabric .75" wide x WOF and a strip of Background Fabric 3" wide x WOF.
- 2. Sew the two strips together and press towards the background fabric.
- 3. Subcut this pieced strip into 3" blocks.
- 4. Using the Piecing Diagram dimensions, cut the Background Fabric blocks needed to fill in the entire quilt layout around the flying star blocks.
- 5. Print out three copies of each star block template onto the foundation paper of your choice.
- 6. Trim the excess paper around the block leaving a quarter inch seam allowance.
- 7. Separate the sections of the paper template by cutting down the center of each of the thick black lines.

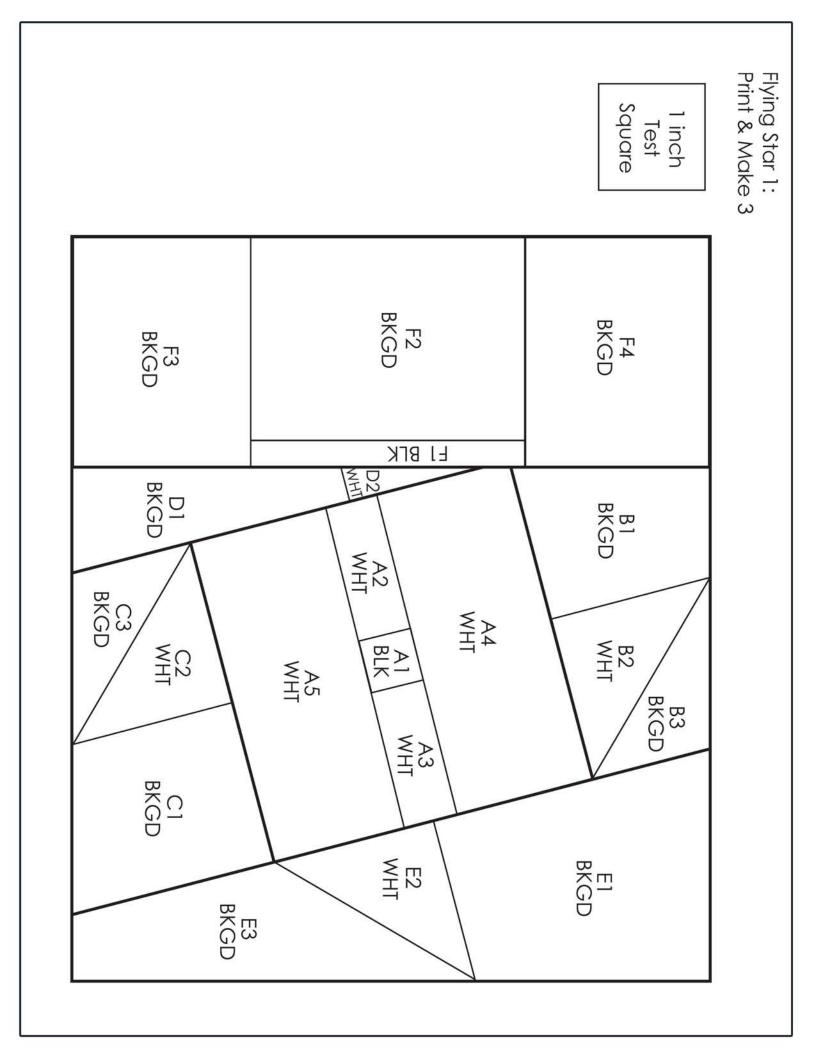


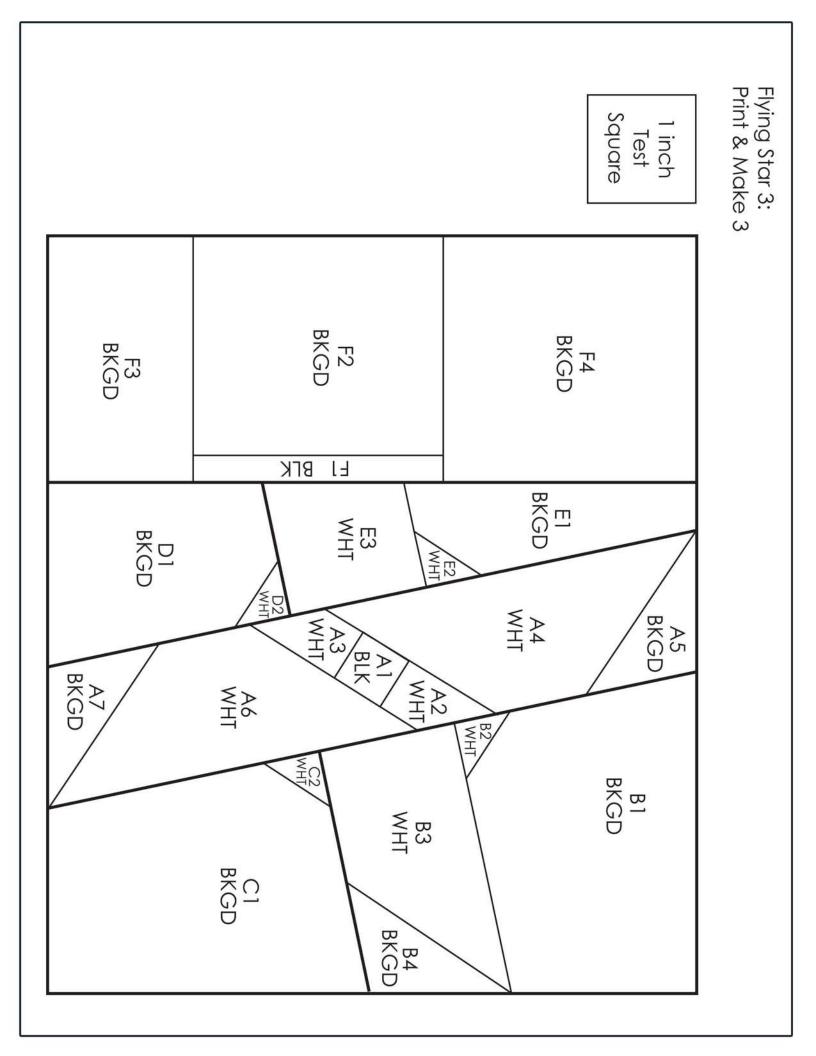
## "Flying Free"

- 8. Starting with Section A, place a piece of fabric for A1 onto the backside of the template with the right side facing AWAY from the paper. Make sure there is at least a quarter inch of fabric overhanging the pattern piece all the way around. You may use the glue stick to hold the fabric in place.
- 9. Place the fabric for A2 on top of the A1 fabric with right sides facing each other. Make sure this fabric is large enough to completely cover the pattern piece for A2. Align both pieces so that there is at least a quarter inch of fabric over the seam line between A1 and A2.
- 10. Hold or pin the fabric in place and flip the paper over to sew. Using a shortened stitch length, sew on the printed seam line between A1 and A2, making sure to start and stop about two stitches away on either side. Backstitch, if desired, for extra security.
- 11. Using the index card as a straight edge, fold back the paper template along the seam you've just sewn to expose the seam allowance. Use a rotary cutter and ruler to trim the excess back to a perfect quarter inch.
- 12. Flatten the paper back into place and press the fabric open. You may glue down A2 onto the paper to hold it in place.
- 13. Repeat steps 9 through 12 for all the remaining pattern pieces in Section A of the block. At the end, use a rotary cutter to trim all of the outside edges of the section to a quarter inch.
- 14. Repeat the above for all of the sections within the block.
- 15. Piece all of the sections together, starting by sewing Section A to Section B. Continue in this manner until the entire block is sewn.
- 16. Press the completed block and carefully remove the foundation paper.
- 17. Repeat steps 6 through 16 for all twelve of the flying stars.
- 18. Arrange all of the blocks into place using the Placement Diagram and begin sewing it together row by row. Press the seams in opposite directions from one row to the next to avoid bulk when sewing them together. Alternately, you can press all of the seams open.
- 19. Sandwich your completed quilt top with Batting and Backing Fabric.
- 20. Quilt as desired.









Flying Star 4: Print & Make 3 1 inch Test Square F2 BKGD F4 BKGD F3 BKGD EJ BFK BKGD RGG GG B4 BKGD **B2** C4 BKGD MH C1 B5 WHT B1 WHT B3 BKGD ¥A2 BKGD WHT 86 BLX BLX A5 BKGD ¥H ¥ ¥A H3 D4 BKGD WHT D1 ¥∃ WHT E6 BKGD E2 WHT D2 BKGD D3 BKGD E5 BKGD E3 BKGD BKGD ⊞