

# Tuscan Table

designed by Heidi Pridemore of The Whimsical Workshop  
featuring the Bella Toscana fabric collection by Whistler Studios

RUNNER SIZE: 48" x 18", PLACE MAT SIZE: 18" x 12"



FREE  
PROJECT






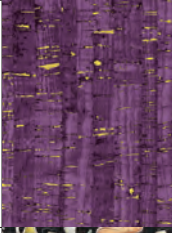


THIS IS A DIGITAL REPRESENTATION OF THE TABLE SET, FABRIC MAY VARY.

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# Tuscan Table

## Runner

KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
A		51354-2 cream	1/4	<ul style="list-style-type: none"> <li>• (1) 6-1/2" x 36-1/2" width of fabric (WOF) strip.</li> </ul>
B		50107M-6 cork	2/3	<ul style="list-style-type: none"> <li>• (4) 3-1/2" x width of fabric (WOF) strips. Sub-cut the strips into (40) 3-1/2" squares.</li> <li>• (3) 2" x WOF strips. Sub-cut the strips into (56) 2" squares.</li> </ul>
C		51353-5 olive	1/2	<ul style="list-style-type: none"> <li>• (3) 2" x WOF strips. Sub-cut the strips into (28) 2" x 3-1/2" strips and (4) 2" squares.</li> <li>• (2) 1-1/2" x 41-1/2" WOF strips.</li> <li>• (1) 1-1/2" x WOF strip. Sub-cut the strips into (2) 1-1/2" x 9-1/2" strips.</li> </ul>
D		50107M-17 grape	1/2	<ul style="list-style-type: none"> <li>• (2) 1" x 42-1/2" x WOF strips, piece as needed.</li> <li>• (1) 1" x WOF strip. Sub-cut the strip into (2) 1" x 11-1/2" strips.</li> </ul> <p><b>Binding</b></p> <ul style="list-style-type: none"> <li>• (4) 2-1/2" x WOF strips for the binding.</li> </ul>
E		51351-1 nero	1/4	<ul style="list-style-type: none"> <li>• (1) 6-1/2" x WOF strip. Sub-cut the strip into (9) 3-1/2" x 6-1/2" strips.</li> </ul>
F		51352-1 nero	1/4	<ul style="list-style-type: none"> <li>• (1) 6-1/2" x WOF strip. Sub-cut the strip into (9) 3 1/2" x 6 1/2" strips.</li> </ul>
		Backing	1-2/3	
				Batting 56" x 26"



# Tuscan Table

## Runner Assembly

**Note: Pay attention to the orientation of the units when assembling the components.**

1. Place (1) **B** 2" square on the left side of (1) **C** 2" x 3 1/2" strip, right sides together (**Fig. 1**). Sew across the diagonal of the square from the upper right corner to the lower left corner (**Fig. 1**). Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance. Flip open the triangle formed and press (**Fig. 2**).

2. Place another **B** 2" square on the right side of the **C** 2" x 3 1/2" strip, right sides together (**Fig. 3**). Sew across the diagonal of the square from the upper left corner to the lower right corner (**Fig. 3**). Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance. Flip open the triangle formed and press to make (1) **Unit 1** strip (**Fig. 4**).

3. Repeat **Steps 1-2** to make (28) **Unit 1** strips total.

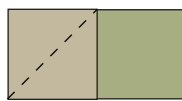


Fig. 1

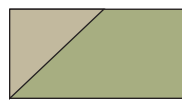


Fig. 2

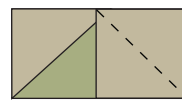
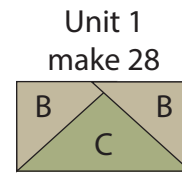


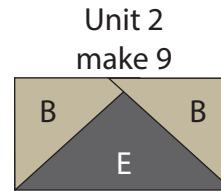
Fig. 3



Unit 1  
make 28

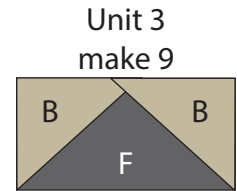
Fig. 4

4. Repeat **Steps 1-2** and refer to **Figure 5** for seam direction and placement using (9) **E** 3 1/2" x 6 1/2" strips and (18) **B** 3 1/2" squares to make (9) **Unit 2** strips.



Unit 2  
make 9

Fig. 5



Unit 3  
make 9

Fig. 6

5. Repeat **Steps 1-2** and refer to **Figure 6** for seam direction and placement using (9) **F** 3 1/2" x 6 1/2" strips and (18) **B** 3 1/2" squares to make (9) **Unit 3** strips.

6. Sew (2) **Unit 1** strips together end to end. Repeat to make a second strip. Sew (1) strip to each side of (1) **A** 6 1/2" x 36 1/2" strip. Sew (12) **Unit 1** strips together end to end. Sew (1) **C** 2" square to each end of the sewn strip. Repeat to make a second strip. Sew the new strips to the top and to the bottom of the **A** strip to make the **Center Block** (**Fig. 7**).

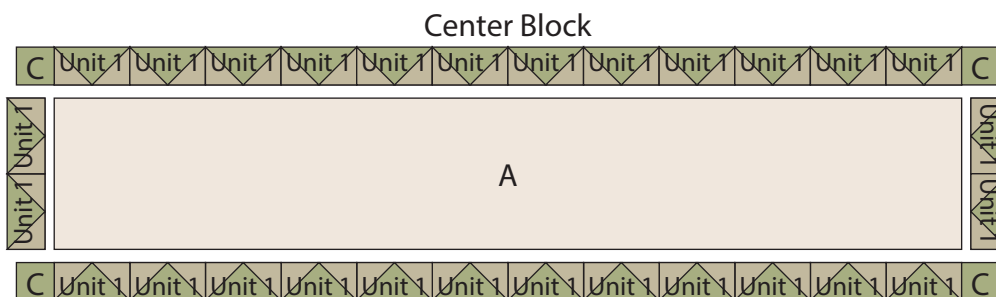


Fig. 7



# Tuscan Table

## Runner Top Assembly

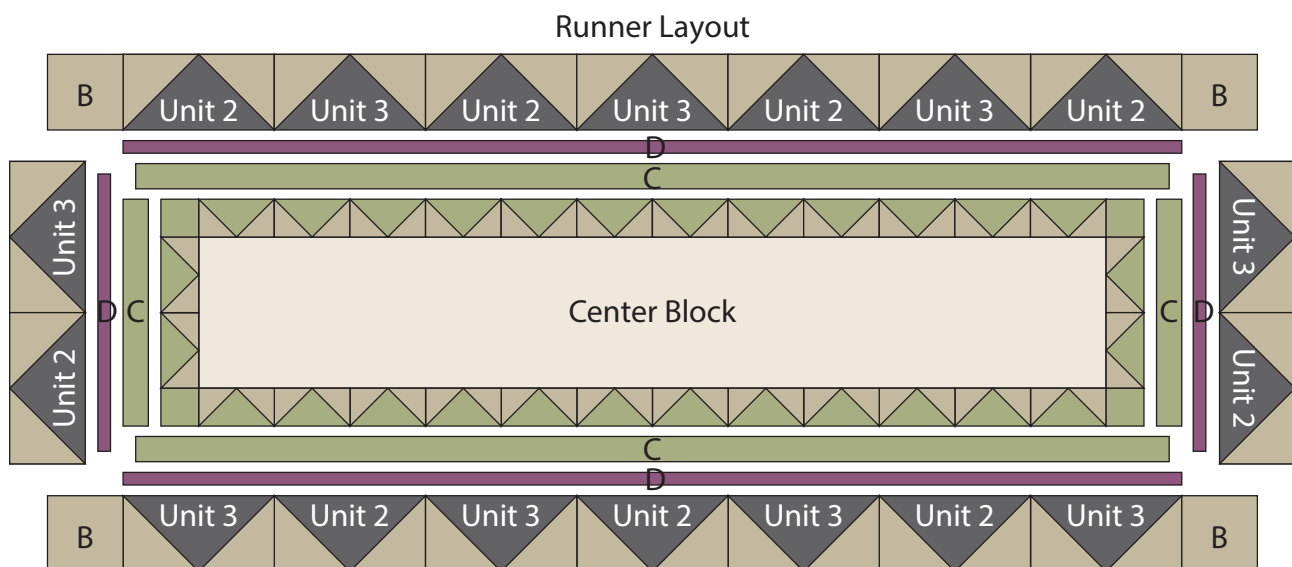
(Refer to the Quilt Diagram (Fig. 8) while assembling the runner top.)

7. Sew (1) **C** 1 ½" x 9 ½" strip to each side of the **Center Block**. Sew (1) **C** 1 ½" x 41 ½" strip to the top and to the bottom of the **Center Block**.

8. Sew (1) **D** 1" x 11 ½" strip to each side of the **Center Block**. Sew (1) **D** 1" x 42 ½" strip to the top and to the bottom of the **Center Block**.

9. Sew (1) **Unit 3** strip to the top of (1) **Unit 2** strip. Repeat to make a second strip. Sew (1) strip to each side of the **Center Block**.

10. Sew (4) **Unit 2** strips and (3) **Unit 3** strips together end to end and alternating them. Sew (1) **B** 3 ½" square to each end of the new strip. Sew the strip to the top of the **Center Block**. Sew (4) **Unit 3** strips and (3) **Unit 2** strips together end to end and alternating them. Sew (1) **B** 3 ½" square to each end of the new strip. Sew the strip to the bottom of the **Center Block** to make the runner top (Fig. 8).



## Runner Finishing

11. Layer and quilt as desired.

12. Sew the (4) **D** 2-1/2" x WOF strips together end-to-end with 45-degree seams to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.


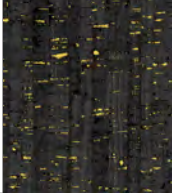
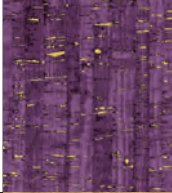





13. Bind as desired.





# Tuscan Table

## Place Mats

KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
A		51351-2 cream	1/4	<ul style="list-style-type: none"> <li>• (1) 7" x 13" width of fabric (WOF) strip.</li> </ul>
B		50107M-1 black	1/3	<ul style="list-style-type: none"> <li>• (4) 1-1/4" x WOF strips. Sub-cut the strips into (8) 1-1/4" x 14-1/2" strips.</li> <li>• (2) 1-1/4" x WOF strips. Sub-cut the strips into (8) 1-1/4" x 7" strips.</li> </ul>
C		50107M-17 grape	1/4	<ul style="list-style-type: none"> <li>• (4) 1" x WOF strips. Sub-cut the strips into (8) 1" x 15-1/2" strips.</li> <li>• (2) 1" x WOF strips. Sub-cut the strips into (8) 1" x 8-1/2" strips.</li> </ul>
D		50107M-6 cork	1/2	<ul style="list-style-type: none"> <li>• (7) 2" x WOF strips. Sub-cut the strip into (128) 2" squares.</li> </ul>
E		51353-5 olive INCLUDES BINDING	1	<ul style="list-style-type: none"> <li>• (6) 2" x WOF strips. Sub-cut the strips into (64) 2" x 3-1/2" strips.</li> <li>• (1) 2" x WOF strip. Sub-cut the strip into (16) 2" squares.</li> </ul> <p><b>Binding</b></p> <ul style="list-style-type: none"> <li>• (7) 2-1/2" x WOF strips for the binding.</li> </ul>
F		51354-2 cream	1/4	<ul style="list-style-type: none"> <li>• (1) 7" x 13" WOF strip.</li> </ul>
G		51352-3 ivory	1/4	<ul style="list-style-type: none"> <li>• (1) 7" x 13" WOF strip.</li> </ul>
H		51355-X multi	1/4	<ul style="list-style-type: none"> <li>• (1) 7" x 13" WOF strip.</li> </ul>
		Backing	1-1/3	
				Batting (4) 16" x 22"



# Tuscan Table

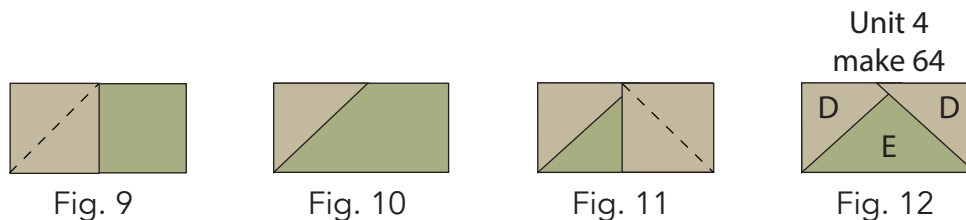
## Place Mat Assembly

**Note: Pay attention to the orientation of the units when assembling the components.**

**14.** Place (1) **D** 2" square on the left side of (1) **E** 2" x 3 1/2" strip, right sides together (**Fig. 9**). Sew across the diagonal of the square from the upper right corner to the lower left corner (**Fig. 9**). Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance. Flip open the triangle formed and press (**Fig. 10**).

**15.** Place another **D** 2" square on the right side of the **E** 2" x 3 1/2" strip, right sides together (**Fig. 11**). Sew across the diagonal of the square from the upper left corner to the lower right corner (**Fig. 11**). Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance. Flip open the triangle formed and press to make (1) **Unit 4** strip (**Fig. 12**).

**16.** Repeat **Steps 14-15** to make (64) **Unit 4** strips total.



**17.** Sew together (3) **Unit 4** strips, end to end, to make (1) **Side Border** (**Fig. 13**). Repeat to make (8) **Side Borders** total.

Side Border  
make 8



Fig. 13

**18.** Sew together (5) **Unit 4** strips end to end. Sew (1) **E** 2" square to each end of the newly sewn strip to make (1) **Top/Bottom Border** (**Fig. 14**). Repeat to make (8) **Top/Bottom Borders** total.

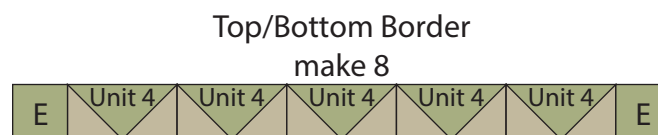


Fig. 14



# Tuscan Table

## Place Mat Top Assembly

(Refer to Figures 15-18 while assembling the place mat tops.)

19. Sew (1) **B** 1 ¼" x 7" strip to each side of (1) **A** 7" x 13" strip. Sew (1) **B** 1 ¼" x 14 ½" strip to the top and to the bottom of the **A** strip to make the **Center Block** (Fig. 15).

20. Sew (1) **C** 1" x 8 ½" strip to each side of the **Center Block**. Sew (1) **C** 1" x 15 ½" strip to the top and to the bottom of the **Center Block** (Fig. 15).

21. Sew (1) **Side Border** to each side of the **Center Block**. Sew the **Top Border** and **Bottom Border** to the top and to the bottom of the **Center Block** to make (1) **Place Mat #1** top (Fig. 15).

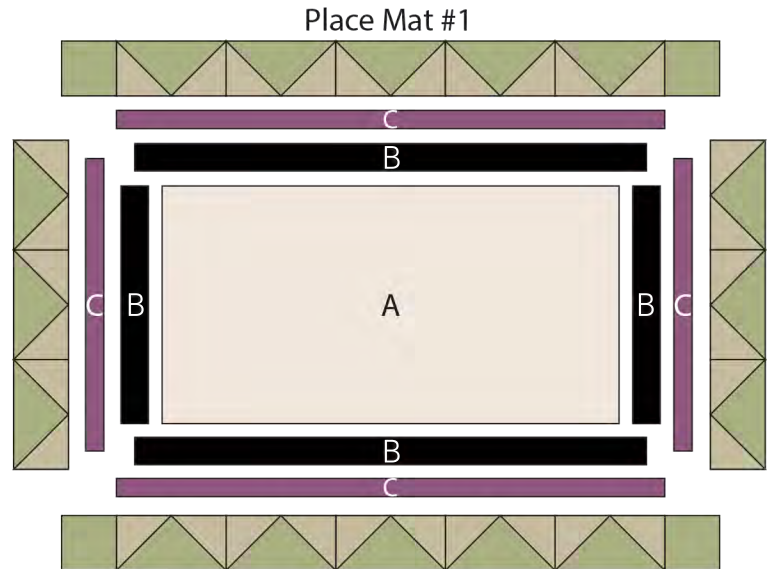


Fig. 15

22. Repeat **Steps 19-21** and refer to **Figures 16-18** for fabric identification, placement and orientation to make (1) **Place Mat #2** top, (1) **Place Mat #3** top and (1) **Place Mat #4** top.

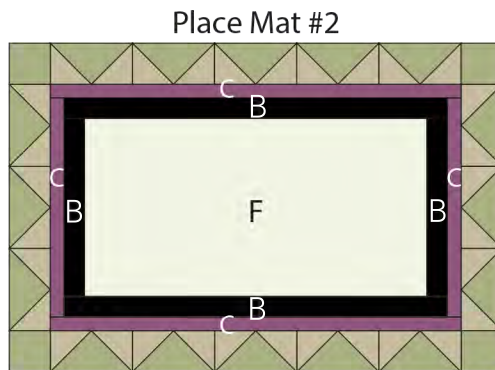


Fig. 16

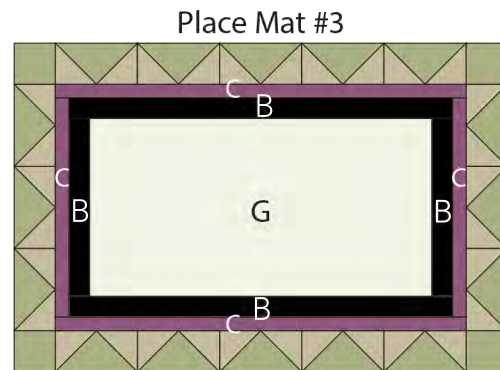


Fig. 17

## Place Mat Finishing

23. Layer and quilt as desired.

24. Sew the (7) **E** 2-1/2" x WOF strips together end-to-end with 45-degree seams to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.

25. Bind as desired.

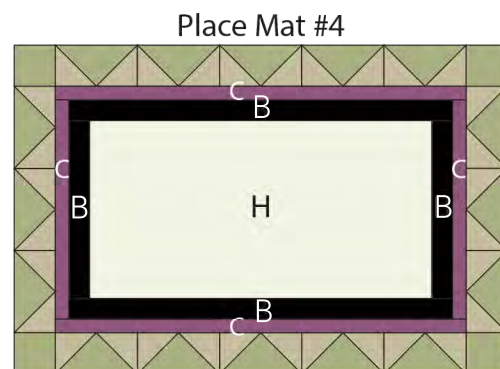


Fig. 18