

INTERMEDIATE  
SKILL

# Second Wind

designed by Wendy Sheppard  
featuring *Sea & Shore* by Hackney & Co.

SIZE: 75-1/2" x 90-1/2"

PATTERN REQUIRES TEMPLATE PIECING.



THIS IS A DIGITAL REPRESENTATION OF THE QUILT TOP, FABRIC MAY VARY.







**PLEASE NOTE:** BEFORE MAKING YOUR PROJECT, CHECK FOR ANY PATTERN UPDATES AT [WINDHAMFABRICS.COM](http://WINDHAMFABRICS.COM)'S FREE PROJECTS SECTION.

FREE  
PROJECT



# Second Wind

WOF = WIDTH OF FABRIC

KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
A		318355S White	5-1/2	<p><b>SAILBOAT BLOCKS</b>            (5) 8-1/4" x WOF strips; subcut (25) of each: <b>Template 1</b> and 2.            (1) 5" x WOF strip; subcut (25) 1-1/2" x 5" rectangles.            (23) 1" x WOF strips; subcut (25) 1" x 5", (25) 1" x 9" and (50) 1" x 9-1/2" strips.            (1) 4-1/2" x WOF strip; subcut (25) 1-1/2" x 4-1/2" rectangles.            (3) 2" x WOF strips; subcut (50) 2" squares.</p> <p><b>PINWHEELS, SHORT AND LONG SASHING STRIPS, AND BORDER ONE:</b>            (32) 2-1/2" x WOF strips; subcut  <b>SHORT SASHING:</b> (20) 2-1/2" x 12-1/2" strips and <b>PINWHEELS:</b> (180) 2-1/2" squares.            Sew (13) 2-1/2" x WOF strips, end to end, to subcut  <b>LONG SASHING:</b> (4) 2-1/2" x 53-1/2" strips  <b>BORDER ONE: SIDES</b> (2) 2-1/2" x 68-1/2" &amp; <b>TOP/BOTTOM</b> (2) 2-1/2" x 57-1/2" strips.</p> <p><b>BORDER THREE:</b> (8) 3-1/2" x WOF strips; sew strips, end to end, and subcut  <b>SIDES</b> (2) 3-1/2" x 78-1/2" &amp; <b>TOP/BOTTOM</b> (2) 3-1/2" x 69-1/2" strips.</p>
B		53029-10 Slate	1/3	<b>SAILBOAT BLOCKS:</b> (1) 8-1/4" x WOF strip; subcut (5) <b>Template 2</b> .
C		53026-7 Tan	1/4	<b>SAILBOAT BLOCKS:</b> (1) 2" x WOF strip; subcut (4) 2" x 9-1/2" strips. <b>PINWHEELS:</b> (1) 2-1/2" x WOF strip; subcut (4) 2-1/2" squares and (1) 2" x 9-1/2" strip for sailboat blocks.
D		53023-3 Sand	1/2	<b>SAILBOAT BLOCKS:</b> (1) 8-1/4" x WOF strip; subcut (5) <b>Template 1</b> . <b>PINWHEELS:</b> (2) 2-1/2" x WOF strips; subcut (24) 2-1/2" squares.
E		53024-2 Heather	3/8	<b>SAILBOAT BLOCKS:</b> (1) 8-1/4" x WOF strip; subcut (5) <b>Template 1</b> . <b>PINWHEELS:</b> (1) 2-1/2" x WOF strip; subcut (12) 2-1/2" squares.
F		53026-8 Fog	1/4	<b>SAILBOAT BLOCKS:</b> (2) 2" x WOF strips; subcut (5) 2" x 9-1/2" strips. <b>PINWHEELS:</b> (1) 2-1/2" x WOF strip; subcut (12) 2-1/2" squares.


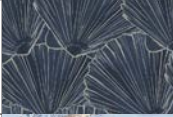









Additional supplies: (1) marking pen and (1) sheet of template plastic.

**PROJECT DISCLAIMER:** Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however, no warranty can be given nor results guaranteed. We suggest you check [windhamfabrics.com](http://windhamfabrics.com) for pattern updates and to test the pattern prior to making the project. **Test templates first, before cutting all the pieces.** When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible.



# Second Wind

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KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
G		53025-6 Coral	3/8	<b>SAILBOAT BLOCKS</b> and <b>PINWHEELS:</b> (1) 8-1/4" x WOF strip; subcut (5) Template 2 and (12) 2-1/2" squares for pinwheels.
H		53025-1 Navy	3/8	<b>SAILBOAT BLOCKS</b> and <b>PINWHEELS:</b> (1) 8-1/4" x WOF strip; subcut (5) Template 2 and (12) 2-1/2" squares for pinwheels.
I		53028-2 Heather	1/4	<b>SAILBOAT BLOCKS:</b> (2) 2" x WOF strips; subcut (5) 2" x 9-1/2" strips. <b>PINWHEELS:</b> (1) 2-1/2" x WOF strip; subcut (16) 2-1/2" squares.
J		53029-7 Tan	1/4	<b>SAILBOAT BLOCKS</b> and <b>PINWHEELS:</b> (1) 8-1/4" x WOF strip; subcut (5) Template 2 and (4) 2-1/2" squares for pinwheels.
K		53026-5 Cream	3/8	<b>SAILBOAT BLOCKS:</b> (1) 8-1/4" x WOF strip; subcut (5) Template 1. <b>PINWHEELS:</b> (1) 2-1/2" x WOF strip; subcut (16) 2-1/2" squares.
L		53028-4 Graphite INCLUDES BINDING	1	<b>BINDING:</b> (9) 2-1/2" x WOF strips. <b>SAILBOAT BLOCKS:</b> (1) 8-1/4" x WOF strip; subcut (5) Template 1. <b>PINWHEELS:</b> (1) 2-1/2" x WOF strip; subcut (8) 2-1/2" squares.
M		53024-4 Graphite	1/2	<b>SAILBOAT BLOCKS:</b> (1) 8-1/4" x WOF strip; subcut (5) of each: Template 1 and 2. <b>PINWHEELS:</b> (2) 2-1/2" x WOF strips; subcut (28) 2-1/2" squares.
N		53024-3 Sand	1/4	<b>SAILBOAT BLOCKS:</b> (1) 2" x WOF strip; subcut (4) 2" x 9-1/2" strips. <b>PINWHEELS:</b> (1) 2-1/2" x WOF strip; subcut (4) 2-1/2" squares and (1) 2" x 9-1/2" strip for sailboat blocks.
O		53027-9 Cornflower	3/8	<b>SAILBOAT BLOCKS:</b> (2) 2" x WOF strips; subcut (5) 2" x 9-1/2" strips. <b>PINWHEELS:</b> (2) 2-1/2" x WOF strips; subcut (28) 2-1/2" squares.
P		53025-5 Cream	3/8	<b>SAILBOAT BLOCKS:</b> (1) 9-1/2" x WOF strip; subcut (25) 1-1/2" x 9-1/2" strips.
Q		53023-2 Heather	1	<b>BORDER FOUR:</b> (9) 3-1/2" x WOF strips; sew strips, end to end, and subcut (2) 3-1/2" x 84-1/2" and (2) 3-1/2" x 75-1/2" strips.
		Backing	5-5/8	Batting: 85" x 100"

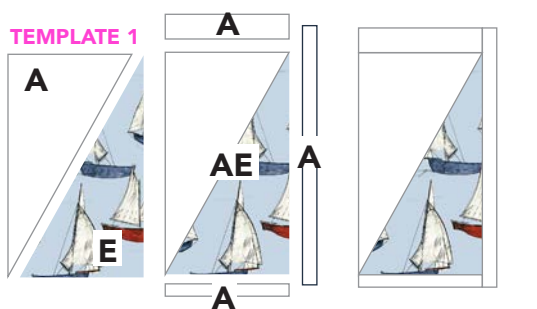


# Second Wind

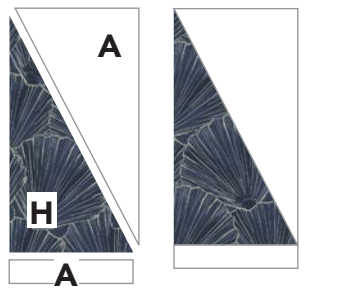
## SAILBOAT BLOCK ASSEMBLY

- 1. Left Sail:** Sew together (1) each **A** and **E** Template 1. Then add (1) **A** 1-1/2" x 5" strip to top, (1) **A** 1" x 5" strip to bottom, and (1) **A** 1" x 9" strip to right side. Measures 5-1/2" x 9".
- 2. Right Sail:** Sew together (1) **A** and **I** Template 2. Then add (1) **A** 1-1/2" x 4-1/2" strip to bottom of **A/H** unit. Measures 4-1/2" x 9".
- 3. Sail Unit:** Sew together **A/E** Unit (left sail) and **A/H** Unit (right sail) together to make Sail Unit.

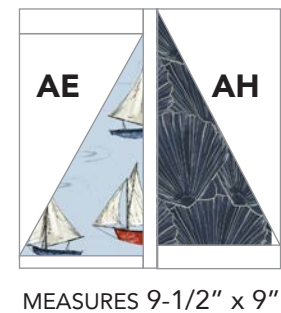
### 1. LEFT SAIL



### 2. RIGHT SAIL

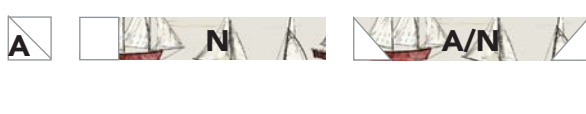


### 3. AEI SAIL UNIT



- 4. Boat Unit:** Draw a diagonal line on wrong side of (1) **A** 2" square and place right sides together onto left end of (1) **N** 2" x 9-1/2" strip. Sew on drawn line. Trim 1/4" away from sewn line. Open and press **A** corner triangle. Repeat on right end of **N** strip.
- Sew (2) **A** 1" x 9-1/2" strips to top and to bottom of **A/N** Unit. Add (1) **P** 1-1/2" x 9-1/2" strip to bottom of **A/N/A** Unit as shown. Set aside.

### 4. AO UNIT

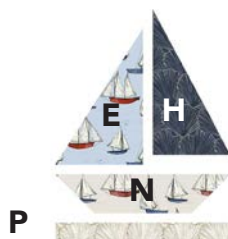


### 5. A/N/P BOAT UNIT



- 6. Sailboat Blocks:** Sew together **A/E/H** Sail Unit and **A/N/P** Boat Unit to make Block One. Block should measure 9-1/2" x 12-1/2". Make (5). Repeat steps 1-6 to make Blocks Two - Five. Make (5) of each block.

### BLOCK ONE



### BLOCK TWO



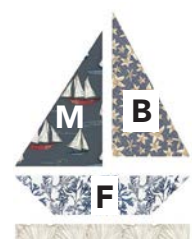
### BLOCK THREE



### BLOCK FOUR



### BLOCK FIVE



SAILBOAT BLOCK MEASURES: 9-1/2" X 12-1/2"

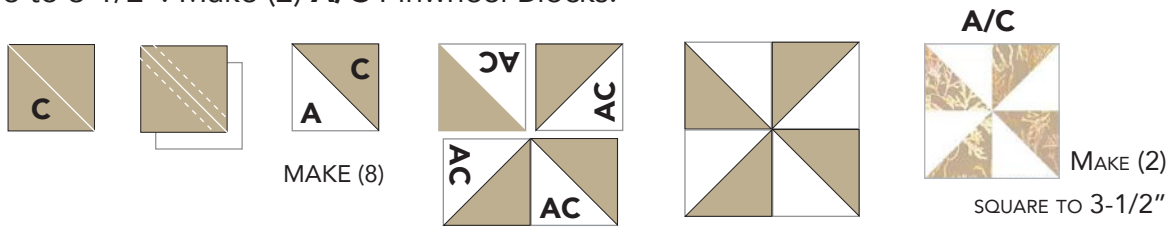


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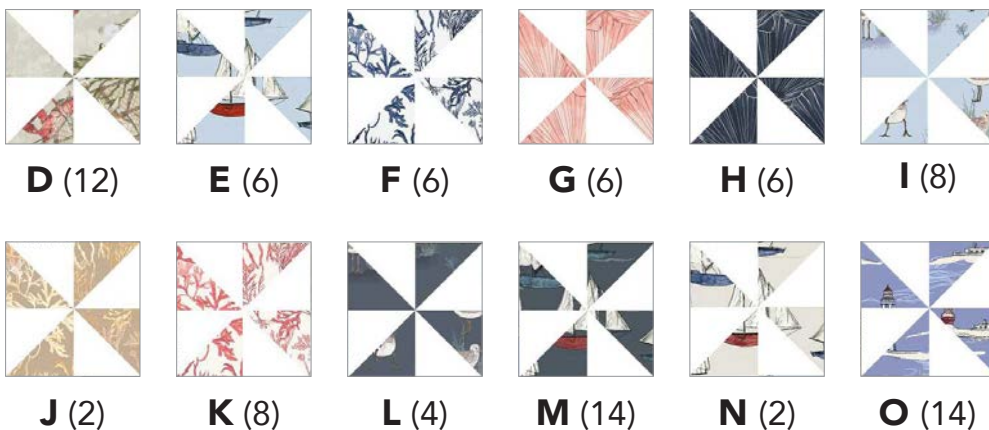
## PINWHEEL BLOCKS

**7. Half-Square Triangles:** Draw a diagonal line on the wrong side of (1) **C** 2-1/2" square and place right sides together, on (1) **A** 2-1/2" square. Sew 1/4" seam on both sides of drawn line. Cut along drawn line. Open and press to yield (2) **A/C** half-square triangle (HST) Units. Align **A/C** diagonal seam against 45-degree line on quilting ruler and square to 2". Make (8) **A/C** HST Units.

**8.** Sew (4) **A/C** HST Units into a pinwheel, as shown. *Note proper rotation of HST Units.* Square to 3-1/2". Make (2) **A/C** Pinwheel Blocks.



**9.** Repeat Steps 7-8 to make the indicated number of Pinwheel Units, as shown.



**10. Pinwheel Side Borders:** Sew (24) Pinwheel Blocks in a row, as shown. Make 2 borders.



Side Borders Measure: 3-1/2" x 72-1/2"

**11. Pinwheel T/B Borders:** Sew (21) Pinwheel Blocks in a row, as shown below. Make 2 borders.



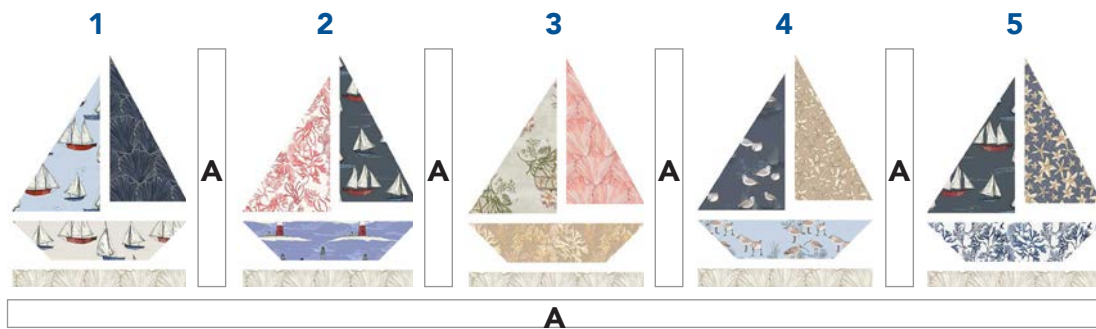
T/B Borders Measure: 3-1/2" x 63-1/2"



# Second Wind

## QUILT ASSEMBLY

**12. ROW ASSEMBLY:** Using (4) **A** 2-1/2" x 12-1/2" strips and Blocks 1-5, assemble Row One, as shown. Add (1) **A** 2-1/2" x 53-1/2" sashing strip to bottom of Row One.



For following steps refer to *QUILT DIAGRAM* on page 6.

- 13.** Repeat Step 12 to complete Rows 2-5. *Note Row 5 does not have an **A** sashing strip sewn to the bottom.* Sew rows together.
- 14. Border One:** Sew (1) **A** 2-1/2" x 68-1/2" strip to each side of quilt center, and then sew (1) **A** 2-1/2" x 57-1/2" strip to the top and bottom of quilt center.
- 15. Border Two:** Add (1) 3-1/2" x 72-1/2" Pinwheel Border to each side of quilt center (*refer to Quilt Diagram for proper rotation of borders*). Sew (1) 3-1/2" x 63-1/2" T/B Pinwheel Border to top and bottom of quilt top. *Note proper rotation of borders.*
- 16. Border Three:** Sew (1) **A** 3-1/2" x 78-1/2" strip to each side of quilt center, followed by (1) **A** 3-1/2" x 69-1/2" strip to the top and bottom of quilt center.
- 17. Border Four:** Sew (1) **Q** 3-1/2" x 84-1/2" strip to each side of quilt center, followed by (1) **Q** 3-1/2" x 75-1/2" strip to the top and bottom of quilt center.



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## QUILT DIAGRAM



**FINISHING:** Layer quilt top, batting and backing together to form quilt sandwich. Baste and quilt as desired. Bind using **L** 2-1/2" pieced strip.



## SAIL TEMPLATE 1

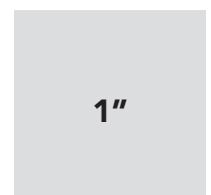
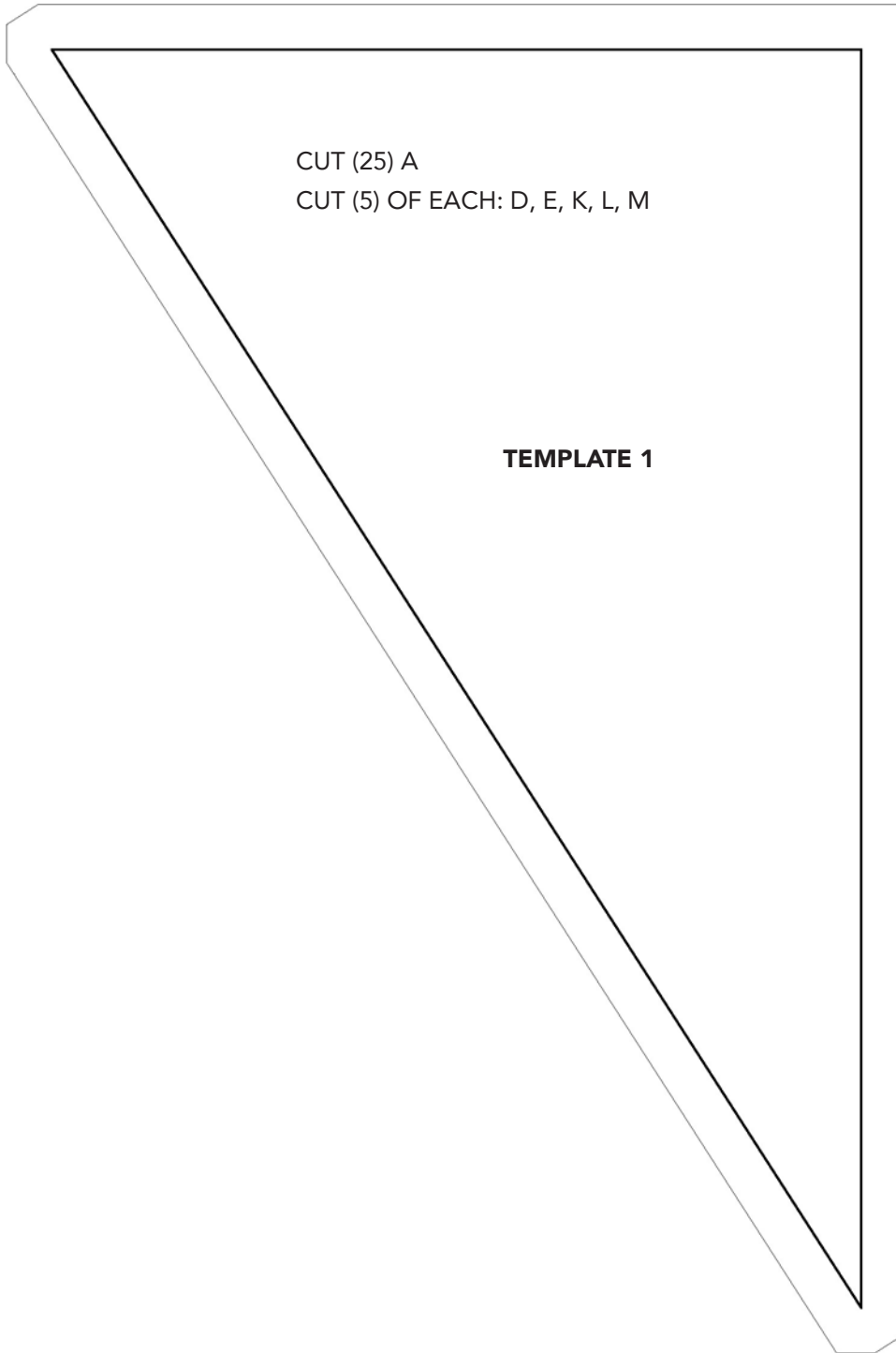
PRINT TEMPLATE AT 100% SCALE

TEMPLATE HAS BEEN REVERSED

TEMPLATES INCLUDE 1/4" SEAM ALLOWANCE

TRACE TEMPLATE ON WRONG SIDE OF FABRIC

# Second Wind







## SAIL TEMPLATE 2

PRINT TEMPLATE AT 100% SCALE

TEMPLATE HAS BEEN REVERSED

TEMPLATE INCLUDES 1/4" SEAM ALLOWANCE

TRACE TEMPLATE ON WRONG SIDE OF FABRIC

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