

# Forest Frolic Quilt & Pillow

designed by Felice Regina

featuring the Forest Spirit fabric collection by Felice Regina

QUILT SIZE: 74" x 74", PILLOW SIZE: 15" x 15"

FREE  
PROJECT



THIS IS A DIGITAL REPRESENTATION OF THE QUILT TOP AND PILLOW, FABRIC MAY VARY.

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# Forest Frolic Quilt & Pillow

## Quilt

KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
A		51118-2 pine	2-3/4	<ul style="list-style-type: none"> <li>• (1) 3-1/2" x WOF strip. Sub-cut the strip into (4) 3-1/2" squares.</li> <li>• (10) 3" x WOF strips. Sew the strips together end to end with diagonal seams and cut (8) 3" x 50-1/2" strips.</li> <li>• (1) 2-1/2" x WOF strip. Sub-cut the strip into (2) 2-1/2" x 16-1/2" strips.</li> <li>• (1) 2-1/2" x WOF strip. Sub-cut the strip into (2) 2-1/2" x 20-1/2" strips.</li> <li>• (2) 2-1/2" x WOF strips. Sub-cut the strips into (16) 2-1/2" x 4-1/2" strips.</li> <li>• (3) 2-1/2" x WOF strips. Sub-cut the strips into (48) 2-1/2" squares.</li> <li>• (2) 2-1/2" x WOF strips. Sub-cut the strips into (4) 2-1/2" x 14-1/2" strips.</li> <li>• (2) 2-1/2" x WOF strips. Sub-cut the strips into (8) 2-1/2" x 9-1/2" strips.</li> <li>• (3) 2-1/2" x WOF strips. Sub-cut the strips into (8) 2-1/2" x 13-1/2" strips.</li> <li>• (2) 1-1/2" x 30-1/2" WOF strips.</li> <li>• (2) 1-1/2" x 28-1/2" WOF strips.</li> <li>• (2) 1-1/2" x 36-1/2" WOF strips.</li> <li>• (2) 1-1/2" x 34-1/2" WOF strips.</li> <li>• (4) 1-1/2" x WOF strips. Sub-cut the strips into (16) 1-1/2" x 7-1/2" strips.</li> </ul>
B		51113-2 pine	1-1/8	<ul style="list-style-type: none"> <li>• (4) 7-1/2" x 40-1/2" WOF strips.</li> <li>• (1) Center Circle</li> </ul>
C		51116-2 pine	5/8	<ul style="list-style-type: none"> <li>• (1) 6" x WOF strip. Sub-cut (20) Large Plates.</li> <li>• (1) 2" x WOF strip. Sub-cut the strip into (8) 2" squares.</li> <li>• (1) 2" x WOF strip. Sub-cut the strip into (4) 2" x 5" strips.</li> <li>• (2) 1-1/2" x WOF strips. Sub-cut the strips into (48) 1-1/2" squares.</li> <li>• (2) 1-1/2" x WOF strips. Sub-cut the strips into (24) 1-1/2" x 3-1/2" strips.</li> </ul>
D		51119-5 cedon	2/3	<ul style="list-style-type: none"> <li>• (1) 16-1/2" square.</li> <li>• (1) 2-1/2" x WOF strip. Sub-cut the strip into (4) 2-1/2" x 10-1/2" strips.</li> <li>• (1) 2-1/2" x WOF strip. Sub-cut the strip into (4) 2-1/2" x 8-1/2" strips.</li> </ul>
E		51116-3 veridian	1/4	<ul style="list-style-type: none"> <li>• (1) 4" x WOF strip. Sub-cut (20) Medium Plates.</li> </ul>
F		51116-5 cedon	1/4	<ul style="list-style-type: none"> <li>• (1) 2-1/2" x WOF strip. Sub-cut (20) Small Plates.</li> </ul>



# Forest Frolic Quilt & Pillow

KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
G		51112-2 pine	1/3	<ul style="list-style-type: none"> <li>Fussy cut (4) 4-1/2" squares centered on fox.</li> </ul>
H		51111P-X multi	1 panel	<ul style="list-style-type: none"> <li>Fussy cut (4) 9-1/2" squares centered on figures with green backgrounds.</li> </ul>
I		51114-3 veridian	3/4	<ul style="list-style-type: none"> <li>(1) 7-1/2" x WOF strip. Fussy cut (8) 3-1/2" x 7-1/2" strips centered on (2) mushrooms.</li> </ul>
J		51117-3 veridian	2	<ul style="list-style-type: none"> <li>(3) 2-1/2" x WOF strips. Sub-cut the strips into (24) 2-1/2" x 4-1/2" strips.</li> <li>(4) 3-1/2" x WOF strips. Sub-cut the strips into (20) 3-1/2" x 7-1/2" strips.</li> <li>(3) 2-1/2" x WOF strips. Sub-cut the strips into (48) 2-1/2" x 3-1/2" strips.</li> <li>(2) 2" x WOF strips. Sub-cut the strips into (8) 2" x 7-1/2" strips.</li> <li>(1) 2" x WOF strip. Sub-cut the strip into (16) 2" squares.</li> <li>(3) 1-3/4" x WOF strips. Sub-cut the strips into (8) 1-3/4" x 5" strips and (8) 1-3/4" x 7-1/2" strips.</li> <li>(4) 1-1/2" x WOF strips. Sub-cut the strips into (96) 1-1/2" squares.</li> </ul> <p><b>Binding</b></p> <ul style="list-style-type: none"> <li>(8) 2-1/2" x WOF strips for the binding.</li> </ul>
		Backing 51112-2 pine	4-3/4	<ul style="list-style-type: none"> <li>(2) 82" x WOF strips. Sew the strips together and trim to 82" x 82" for the pieced back.</li> </ul>
				Batting 82" x 82"
		<b>You will also need:</b>		<ul style="list-style-type: none"> <li>EZ Quilting – Easy Dresden Tool by Darlene Zimmerman</li> <li><i>Optional: Fusible Web</i></li> </ul>



# Forest Frolic Quilt & Pillow

## Quilt Block Assembly

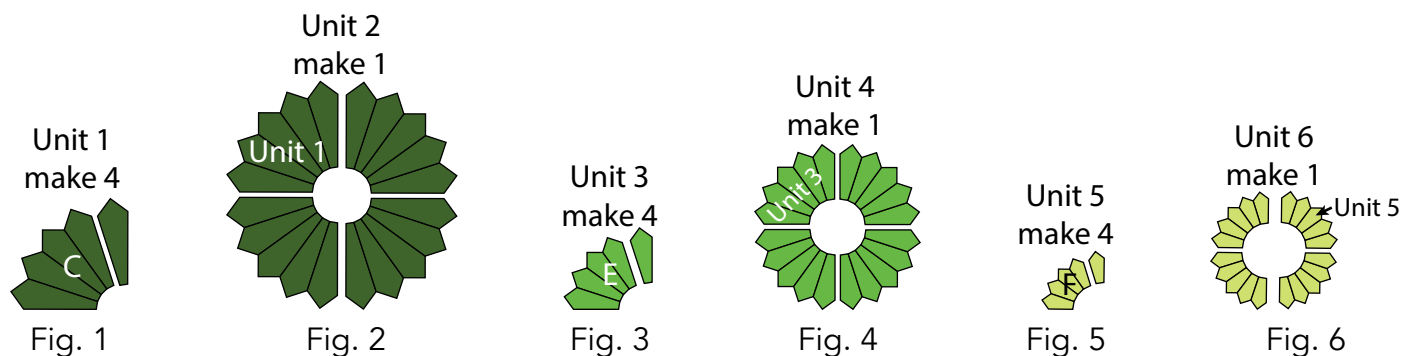
**Pay attention to the orientation of the units when assembling the components of the quilt top.**

**1.** Follow the manufacturer's instructions for the Easy Dresden Tool to make (20) **C** large plates, (20) **E** medium plates, (20) **F** small plates and (1) **B** center circle.

**2.** Sew (5) **C** plates together to make (1) **Unit 1** block (**Fig. 1**). Repeat to make (4) **Unit 1** blocks total.

**3.** Sew (4) **Unit 1** blocks together to make (1) **Unit 2** block (**Fig. 2**).

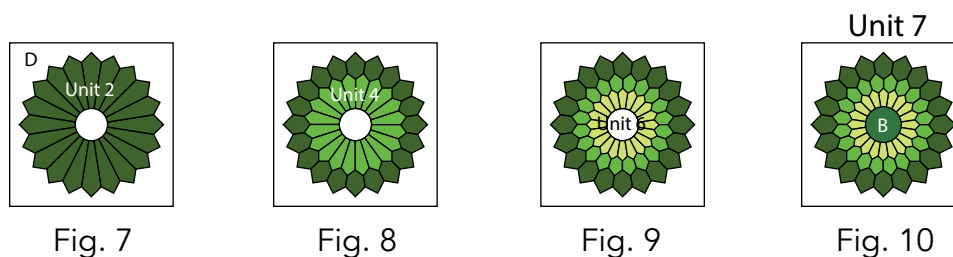
**4.** Repeat Steps 2-3 and refer to **Figures 3-6** for fabric identification, placement and orientation to make (1) **Unit 4** block and (1) **Unit 5** block.



**5.** Following the manufacturer's instructions, press fusible web on to the wrong wide of each **Unit 2**, **Unit 4**, **Unit 6** and **B** center circle.

**6.** Refer to **Figures 7-10** to arrange and press the **Unit 2** block onto the center of the **D** 16-1/2" square. Press the **Unit 4** block onto the center of the **Unit 2** block. Press the **Unit 6** block onto the center of the **Unit 4** block and press the **B** circle onto the center of the **Unit 6** block.

**7.** Finish the raw edges of each shape with a decorative stitch such as a buttonhole or satin stitch to make (1) **Unit 7** square.





# Forest Frolic Quilt & Pillow

8. Place (1) **A** 3-1/2" square on the top left corner of (1) **Unit 7** square, right sides together (**Fig. 11**). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (**Fig. 11**). Trim away the excess fabric from behind the triangle 1/4" away from the sewn seam. Flip open the triangle formed and press (**Fig. 12**).

9. Follow **Figure 13** for the seam direction to add an **A** 3-1/2" square to each of the remaining corners of the **Unit 7** square to make one (1) **Unit 8** square (**Fig. 14**).

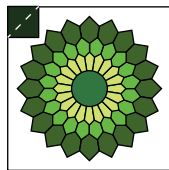


Fig. 11

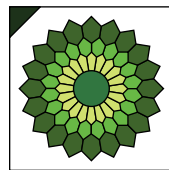


Fig. 12

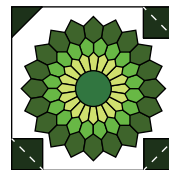


Fig. 13

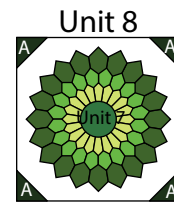


Fig. 14

10. Place (1) **A** 2-1/2" square on the left side of (1) **J** 2-1/2" x 4-1/2" strip, right sides together (**Fig. 15**). Sew across the diagonal of the square from the upper right corner to the lower left corner (**Fig. 15**). Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance. Flip open the triangle formed and press (**Fig. 16**).

11. Place another **A** 2-1/2" square on the right side of the **J** 2-1/2" x 4-1/2" strip, right sides together (**Fig. 17**). Sew across the diagonal of the square from the upper left corner to the lower right corner (**Fig. 17**). Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance. Flip open the triangle formed and press to make (1) **Unit 9** strip (**Fig. 18**).

12. Repeat **Steps 10-11** to make (24) **Unit 9** strips total.

13. Sew (2) **Unit 9** strips together lengthwise to make (1) **Unit 10** square (**Fig. 19**). Repeat to make (12) **Unit 10** squares total.



Fig. 15



Fig. 16



Fig. 17

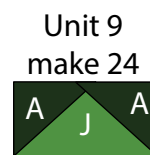


Fig. 18



Fig. 19

14. Sew (4) **A** 2-1/2" x 4-1/2" strips and (3) **Unit 10** squares together, alternating them, to make (1) **Unit 11** strip (**Fig. 20**). Repeat to make a second **Unit 11** strip.

15. Sew (4) **A** 2-1/2" x 4-1/2" strips and (3) **Unit 10** squares together, alternating them, to make (1) **Unit 11** strip (**Fig. 20**). Sew (1) **G** 4 1/2" square to each end of the new strip to make (1) **Unit 12** strip (**Fig. 21**). Repeat to make a second **Unit 2** strip.

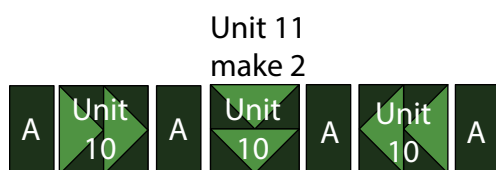


Fig. 20

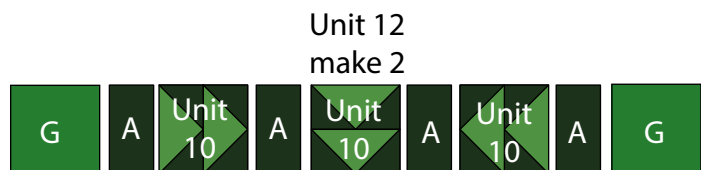


Fig. 21

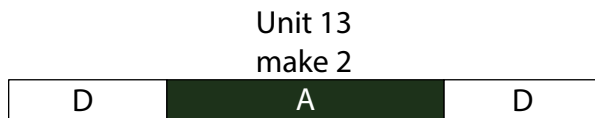




# Forest Frolic Quilt & Pillow

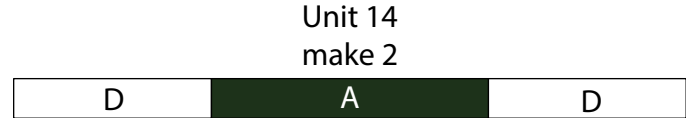
**16.** Sew (1) **D** 2-1/2" x 8-1/2" strip to each end of (1) **A** 2-1/2" x 14-1/2" strip to make (1) **Unit 13** strip (**Fig. 22**). Repeat to make a second **Unit 13** strip.

**17.** Sew (1) **D** 2-1/2" x 10-1/2" strip to each end of (1) **A** 2-1/2" x 14-1/2" strip to make (1) **Unit 14** strip (**Fig. 23**). Repeat to make a second **Unit 14** strip.



Unit 13  
make 2

Fig. 22



Unit 14  
make 2

Fig. 23

**18.** Sew (1) **A** 2-1/2" x 16-1/2" strip to each side of the **Unit 8** square. Sew (1) **A** 2-1/2" x 20-1/2" strip to the top and to the bottom of the **Unit 8** square (**Fig. 24**).

**19.** Sew (1) **Unit 11** strip to each side of the **Unit 8** square. Sew (1) **Unit 12** strip to the top and to the bottom of the **Unit 8** square (**Fig. 24**).

**20.** Sew (1) **A** 1-1/2" x 28-1/2" strip to each side of the **Unit 8** square. Sew (1) **A** 1-1/2" x 30-1/2" strip to the top and to the bottom of the **Unit 8** square (**Fig. 24**).

**21.** Sew (1) **Unit 13** strip to each side of the **Unit 8** square. Sew (1) **Unit 14** strip to the top and to the bottom of the **Unit 8** square (**Fig. 24**).

**22.** Sew (1) **A** 1-1/2" x 34-1/2" strip to each side of the **Unit 8** square. Sew (1) **A** 1-1/2" x 36-1/2" strip to the top and to the bottom of the **Unit 8** square to make the **Center Block** (**Fig. 24**).

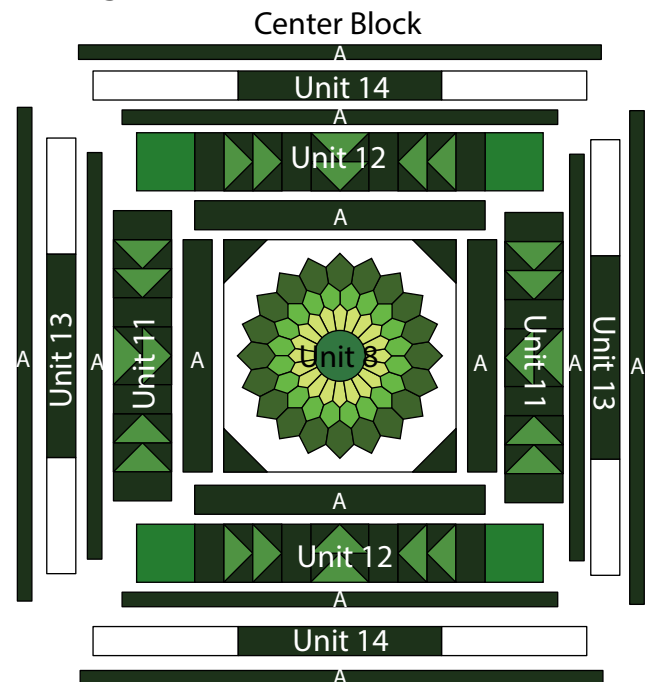


Fig. 24

**23.** Sew (1) **A** 2-1/2" x 9-1/2" strip to each side of (1) **H** 9-1/2" square. Sew (1) **A** 2-1/2" x 13-1/2" strip to the top and to the bottom of the **H** square. Trim the block to measure 12-1/2" square to make (1) **Block One** square (**Fig. 25**). Repeat to make (4) **Block One** squares total.

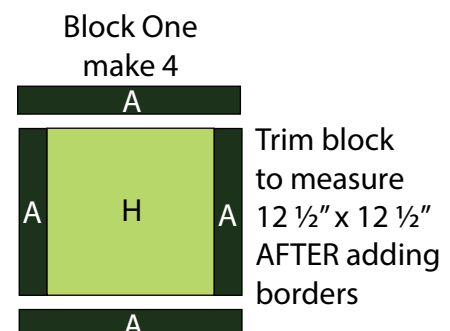


Fig. 25



# Forest Frolic Quilt & Pillow

**24.** Sew (1) **J** 2" square to the top and to the bottom of (1) **C** 2" square. Repeat to make a second strip. Sew (1) strip to each side of (1) **C** 2" x 5" strip lengthwise to make (1) **Unit 15** square (**Fig. 26**). Repeat to make (4) **Unit 15** squares total.

**25.** Sew (1) **J** 1-3/4" x 5" strip to each side (1) **Unit 15** square. Sew (1) **J** 1-3/4" x 7-1/2" strip to the top and to the bottom of the **Unit 15** square to make (1) **Block Two** square (**Fig. 27**). Repeat to make (4) **Block Two** squares total.

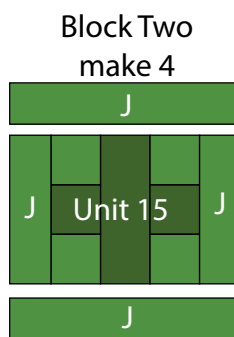
**26.** Sew (1) **J** 1-1/2" square to the top and to the bottom of (1) **C** 1-1/2" square. Repeat to make a second strip. Sew (1) strip to each side of (1) **C** 1-1/2" x 3-1/2" strip lengthwise to make (1) **Unit 16** square (**Fig. 28**). Repeat to make (24) **Unit 16** squares total.

**27.** Sew (1) **J** 2-1/2" x 3-1/2" strip to the top and to the bottom of (1) **Unit 16** square to make (1) **Block Three** strip (**Fig. 29**). Repeat to make (24) **Block Three** strips total.



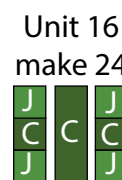
Unit 15  
make 4

Fig. 26



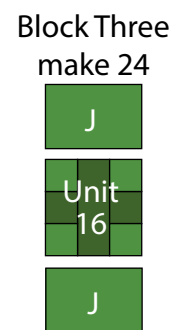
Block Two  
make 4

Fig. 27



Unit 16  
make 24

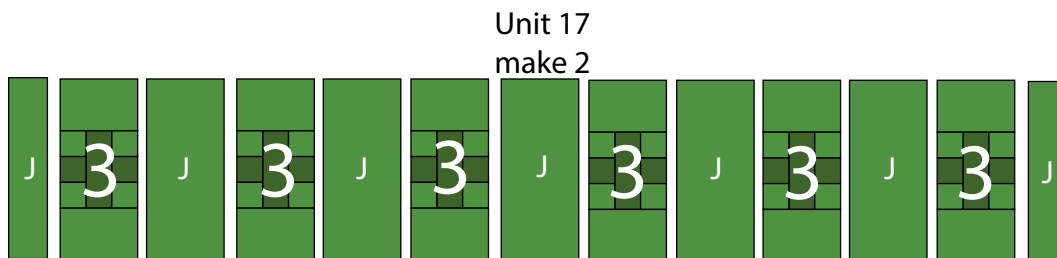
Fig. 28



Block Three  
make 24

Fig. 29

**28.** Sew (6) **Block Three** strips and (5) **J** 3-1/2" x 7-1/2" strips together lengthwise and alternating them. Sew (1) **J** 2" x 7-1/2" strip to each end of the new strip to make (1) **Unit 17** strip (**Fig. 30**). Repeat to make a second **Unit 17** strip.



Unit 17  
make 2

Fig. 30



# Forest Frolic Quilt & Pillow

**29.** Sew (6) **Block Three** strips and (5) **J** 3-1/2" x 7-1/2" strips together lengthwise and alternating them. Sew (1) **J** 2" x 7-1/2" strip to each end of the new strip. Sew (1) **Block Two** square to each end of the sewn strip to make (1) **Unit 18** strip (**Fig. 31**). Repeat to make a second **Unit 18** strip.

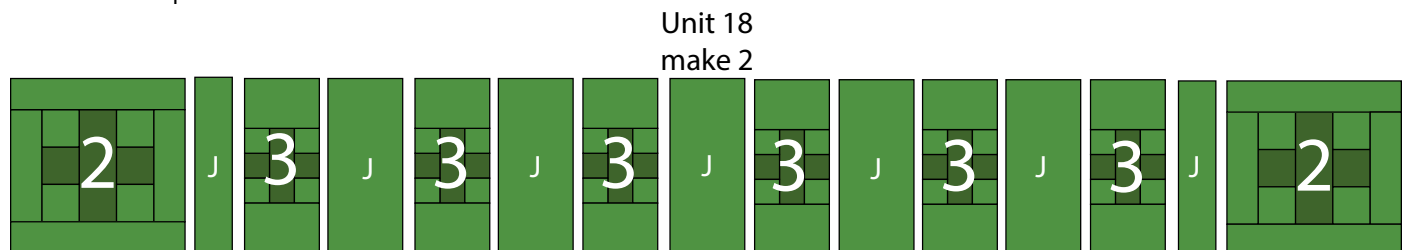


Fig. 31

**30.** Sew (1) **A** 1-1/2" x 7-1/2" strip to each end of (1) **B** 7-1/2" x 40-1/2" strip. Sew (1) **I** 3-1/2" x 7-1/2" strip to each end of the sewn strip. Sew (1) **A** 1-1/2" x 7-1/2" strip to each end of the new strip. Sew (1) **A** 3" x 50-1/2" strip to the top and to the bottom of the sewn strip to make (1) **Unit 19** strip (**Fig. 32**). Repeat to make (4) **Unit 19** strips total.

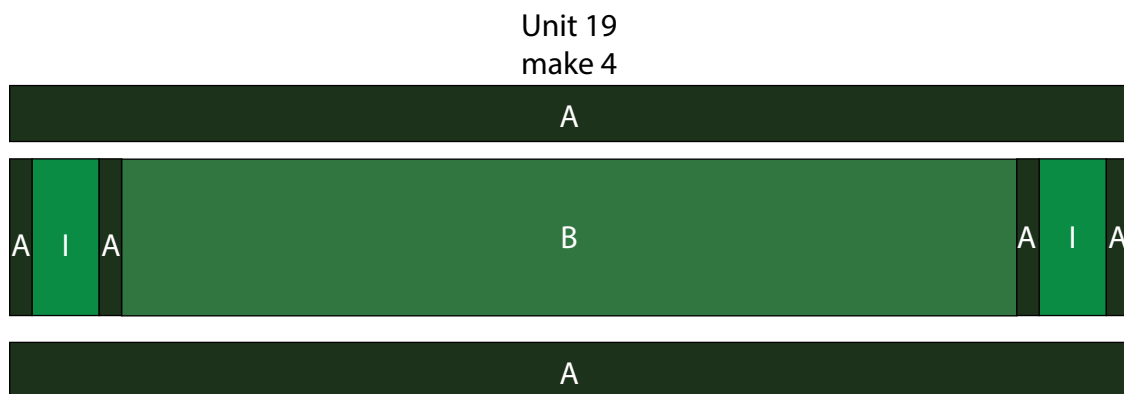


Fig. 32

## Quilt Top Assembly

*(Refer to the Quilt Diagram while assembling the quilt top.)*

**31.** Sew (1) **Unit 17** strip to each side of the **Center Block**. Sew (1) **Unit 18** strip to the top and to the bottom of the **Center Block**.

**32.** Sew (1) **Unit 19** to each side of the **Center Block**. Sew (1) **Block One** square to each end of (1) **Unit 19** strip. Repeat to make a second strip. Sew the strips to the top and to the bottom of the **Center Block** to make the quilt top.

## Quilt Finishing

**33.** Layer and quilt as desired.

**34.** Sew the (8) **J** 2-1/2" x WOF strips together end-to-end with 45-degree seams to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.

**35.** Bind as desired.

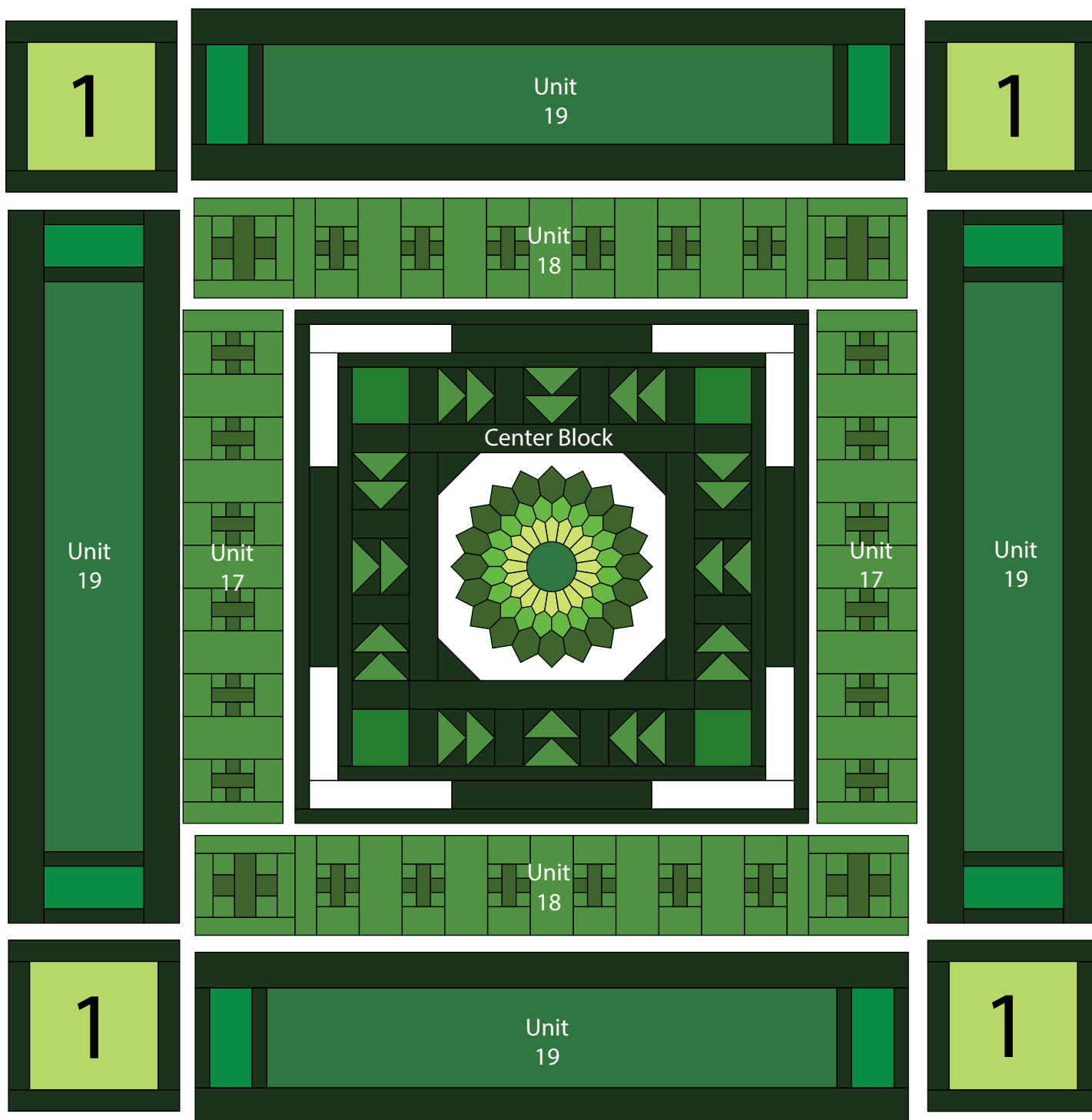




# Forest Frolic Quilt & Pillow

SIZE: 74" X 74"

## Quilt Diagram





# Forest Frolic Quilt & Pillow

## Pillows

KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
<b>A</b>		51111P-X multi	1 panel	<ul style="list-style-type: none"> <li>Fussy cut (1) 9-1/2" square.</li> <li>Add fusible web to a section of leaves and fussy cut (2) Large Leaves and (2) Small Leaves.</li> </ul>
<b>B</b>		51116-3 veridian	1/4	<ul style="list-style-type: none"> <li>(1) 2-1/2" x WOF strip. Sub-cut the strip into (2) 2-1/2" x 9-1/2" strips.</li> <li>(1) 2-1/2" x WOF strip. Sub-cut the strip into (2) 2-1/2" x 13-1/2" strips.</li> </ul>
<b>C</b>		51116-5 celedon	1/2	<ul style="list-style-type: none"> <li>(1) 10-1/2" x WOF strip. Sub-cut the strip into (2) 10-1/2" x 15-1/2" strips.</li> <li>(1) 2" x WOF strip. Sub-cut the strip into (2) 2" x 12-1/2" strips.</li> <li>(1) 2" x WOF strip. Sub-cut the strip into (2) 2" x 15-1/2" strips.</li> </ul>
		<b>You will also need:</b>		<ul style="list-style-type: none"> <li>(1) 15" pillow form</li> <li>Fusible web</li> <li>2 yards of green rickrack trim</li> </ul>

## Pillow Assembly

**Pay attention to the orientation of the units when assembling the components of the quilt top.**

**36.** Sew (1) **B** 2-1/2" x 9-1/2" strip to each side of (1) **A** 9-1/2" square. Sew (1) **B** 2-1/2" x 13-1/2" strip to the top and to the bottom of the **A** square. Trim the block to measure 12-1/2" square to make (1) **Unit 1** square (**Fig. 33**).

**37.** Sew (1) **C** 2" x 12-1/2" strip to each side of the **Unit 1** square. Sew (1) **C** 2" x 15-1/2" strip to the top and to the bottom of the **Unit 1** square to make (1) **Unit 2** square (**Fig. 34**).

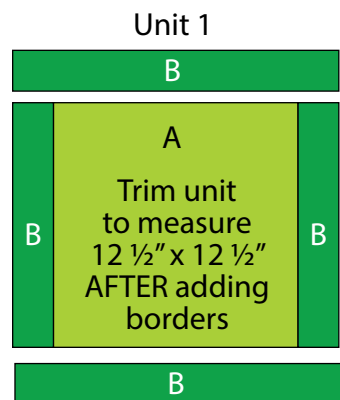


Fig. 33

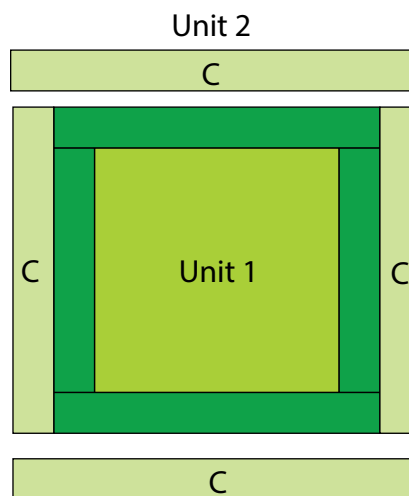


Fig. 34



# Forest Frolic Quilt & Pillow

- 38.** Remove the paper backing from the large and small leaves.
- 39.** Refer to **Figure 35** to arrange and press (2) **A** large leaves and (2) **A** small leaves onto the **Unit 2** square.
- 40.** Finish the raw edges of each shape with a decorative stitch such as a buttonhole or satin stitch to make the pillow front.
- 41.** Turn under the 15-1/2" edge of the **C** 10-1/2" x 15-1/2" strip approximately 1/4", press and repeat to make a finished edge on (1) edge of the **C** strip. Repeat with the second **C** 10-1/2" x 15-1/2" piece.
- 42.** Position and pin each back envelope flap, right sides together with the pillow front, overlapping the finished edges in the middle and aligning the raw edges with the pillow front (**Fig. 36**). Stitch around the pillow front and back to complete the pillow.
- 43.** Turn the pillow right side out.
- 44.** Insert the pillow form to complete the pillow.

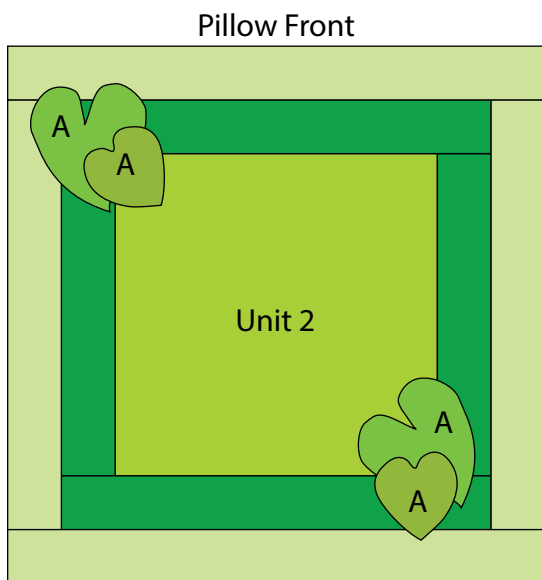


Fig. 35

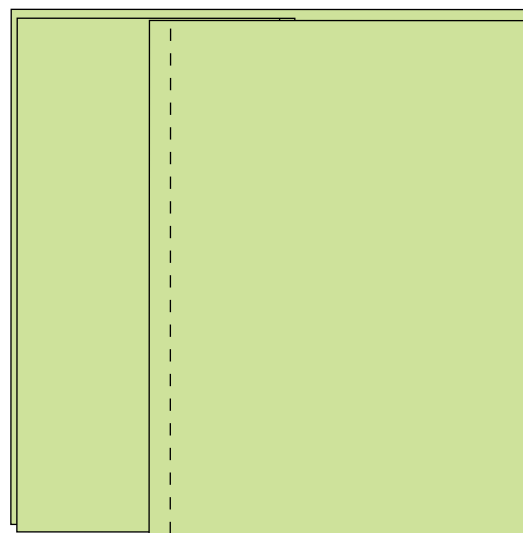


Fig. 36