

# Heading South

Designed by Kristy Daum of St. Louis Folk Victorian  
Featuring the collection Bold & Gold by Ampersand Design

Size: 48" x 60"






**WINDHAM** *W* **FABRICS**


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## Fabric Requirements:

Fabric	Quantity Needed
White	1 5/8 yard
 40746M-1 : Black	5/8 yard
 40744M-1 : Black	5/8 yard
 40745M-2 : White	1 1/4 yard

Fabric	Quantity Needed
Backing	3 1/2 yards
 Binding ::: 40745M-1 Black	1/2 yard

### Before You Begin:

- Read through all directions first
- All seam allowances are a scant 1/4"
- RST stands for "Right Sides Together"
- WOF stands for "Width of Fabric"
- Fabric requirement assumes 40" between selvages
- Extra fabric will be required if using directional prints or if pre-washing your fabric

### Cutting Instructions:

White

- Cut (4) 5" x WOF strips, sub-cut each into (8) 5" x 5" squares. You will use (30) of these squares.
- Cut (8) 4 1/2" x WOF strips, sub-cut each into (8) 4 1/2" x 4 1/2" squares. You will use (60) of these squares.

Black 40746M-1

- Cut (4) 5" x WOF strips, sub-cut each into (8) 5" x 5" squares. You will use (30) of these squares.

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Black 40744M-1

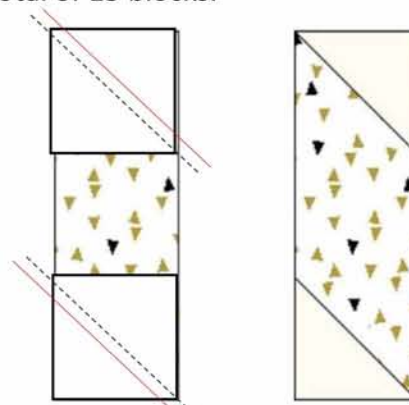
- Cut (4) 5" x WOF strips, sub-cut each into (8) 5" x 5" squares. You will use (30) of these squares.

White 40745M-2

- Cut (10) 4 1/2" x WOF strips, sub-cut each into (3) 4 1/2" x 12 1/2" rectangles.

## Piecing The Blocks (Block A):

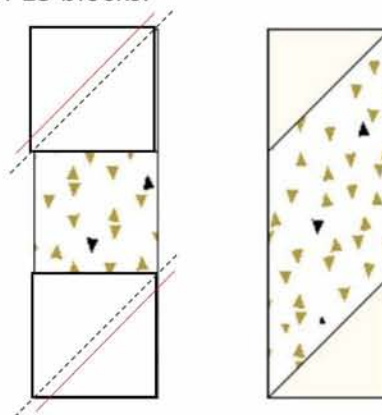
1. Take (2) 4 1/2" x 4 1/2" White squares and lightly mark a diagonal line on the wrong side. This is the sewing line.
2. Following the **Block A diagram** for placement, sew (1) 4 1/2" x 4 1/2" White square to (1) 4 1/2" x 12 1/2" White 40745M-2 rectangle RST on the diagonal line drawn in Step 1. Leaving a 1/4" seam allowance, cut off the excess fabric and press the triangle open.
3. Repeat Step 2 for the other 4 1/2" x 4 1/2" White square as shown in the diagram.
4. Repeat these steps for a total of 15 blocks.



Block A diagram

## Piecing The Blocks (Block B):

1. Follow the same steps as done for Block A; but use the **Block B diagram** as the direction of the sewing line is different.
2. Repeat the steps for a total of 15 blocks.



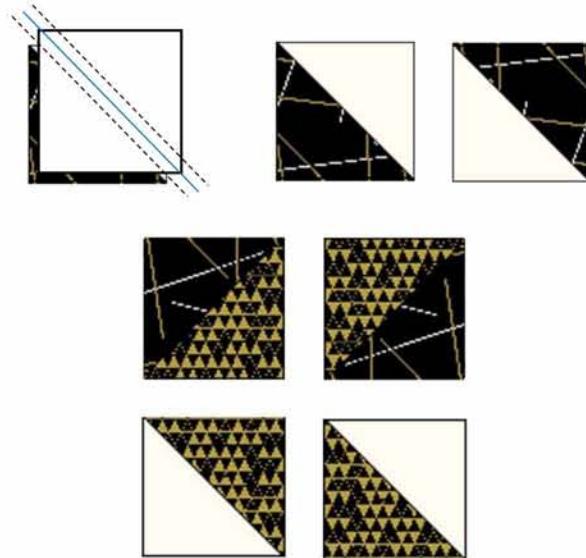
Block B diagram

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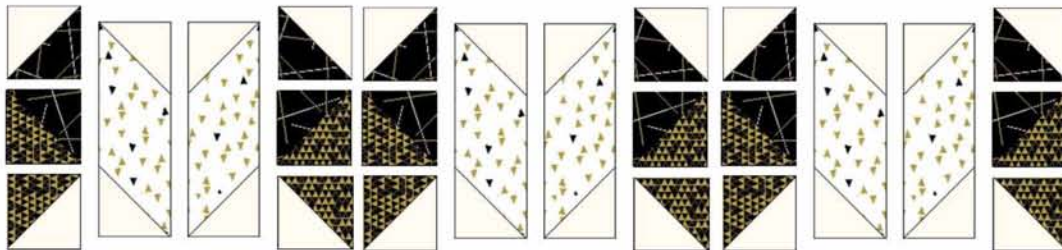
## Piecing The Blocks (Block C) = Making Half-Square Triangles:

1. Take (1) 5" x 5" White square and (1) 5" x 5" Black 40744M-1 square and place them RST.
2. With a pencil, mark a diagonal line from one corner to the next.
3. Sew a scant 1/4" away from the pencil line on both sides.
4. Cut on the line, separating the two halves; which now creates 2 HST (Half Square Triangles).
5. Repeat the steps above using the following fabric combinations to yield all of the HST needed for this quilt. If using directional fabric, pay attention to the direction in which the diagonal line is heading.
  - Combine (1) White square and (1) Black 40744M-1. Repeat for a total of 30 HST.
  - Combine (1) White square and (1) Black 40746M-1. Repeat for a total of 30 HST.
  - Combine (1) Black 40744M-1 and (1) Black 40746M-1. Repeat for a total of 30 HST.



## Laying Out The Blocks & Sewing Rows:

1. Following the **Row diagram**, lay out Blocks A, Blocks B, and Blocks C being sure to rotate the blocks as needed.
2. Sew the blocks RST. Press.
3. Repeat the steps above until all five rows are finished.
4. Sew the rows RST. Press.



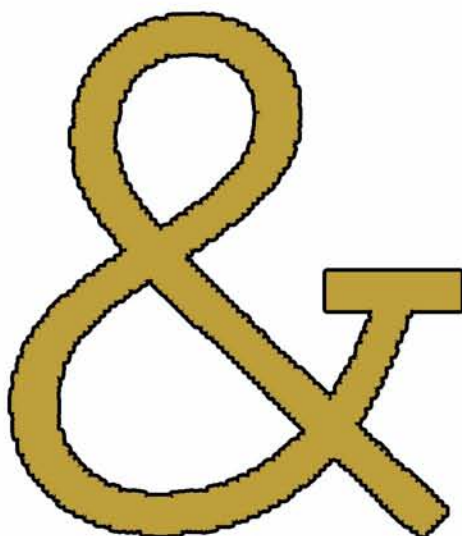
Row diagram

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## Finishing The Quilt:

- Due to the size of the quilt, you will need to piece the back. Please be sure to leave a minimum of 4" excess on all sides for ease of quilting.
- Press your quilt top and backing, so they are wrinkle-free and flat.
- Layer your quilt top, batting and backing.
- Baste.
- Quilt as desired.
- Bind the quilt using your favorite method.



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