A Delicate Balance
Designed by Char Hopeman
Featuring Nancy Gere’s Carolyn Collection
SIZE: 80” x 80”

PLEASE NOTE: QUILT IMAGE SHOWN IS A DIGITAL REPRESENTATION, FABRIC LOOK MAY VARY ON YOUR PROJECT. VISIT OUR FREE PROJECT SECTION ONLINE FOR ANY PATTERN UPDATES BEFORE STARTING QUILT PROJECT.
## MATERIALS:

<table>
<thead>
<tr>
<th>KEY</th>
<th>SKU / COLOR</th>
<th>YD</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>40771-1 Navy</td>
<td>$1\ 3/4$</td>
</tr>
<tr>
<td>B</td>
<td>40772-1 Navy</td>
<td>$1\ 3/8$</td>
</tr>
<tr>
<td>C</td>
<td>40772-2 Cream</td>
<td>6 + 5 FOR BACKING</td>
</tr>
<tr>
<td>D</td>
<td>40773-1 Navy</td>
<td>$1/4$</td>
</tr>
<tr>
<td>E</td>
<td>40773-3 Blue</td>
<td>$1\ 1/2$</td>
</tr>
<tr>
<td>F</td>
<td>40774-4 Gold</td>
<td>$1/2$</td>
</tr>
<tr>
<td>G</td>
<td>40774-5 Green</td>
<td>$1/2$</td>
</tr>
<tr>
<td>H</td>
<td>40775-1 Navy</td>
<td>$1/8$</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>KEY</th>
<th>SKU / COLOR</th>
<th>YD</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>40775-4 Gold</td>
<td>$3/4$</td>
</tr>
<tr>
<td>J</td>
<td>40775-5 Green</td>
<td>$1/8$</td>
</tr>
<tr>
<td>K</td>
<td>40776-1 Navy</td>
<td>$3/4$</td>
</tr>
<tr>
<td>L</td>
<td>40776-3 Blue</td>
<td>$1/8$</td>
</tr>
<tr>
<td>M</td>
<td>40776-5 Green</td>
<td>$1\ 1/4$ INCLUDES BINDING</td>
</tr>
<tr>
<td>N</td>
<td>40777-2 Cream</td>
<td>$1/2$</td>
</tr>
<tr>
<td>O</td>
<td>40777-5 Green</td>
<td>$3/4$</td>
</tr>
</tbody>
</table>

**BATTING**
Cutting Instructions:

Fabric A (40771-1) Navy
Cut (1) 2-1/2” w strip. Subcut (12) 2-1/2” squares.
Cut (8) 6-1/2” w strips for border.

Fabric B (40772-1) Navy
Cut (1) 2-1/2” square.
Cut (5) 4-1/2” w strips.
Subcut (76) 2-1/2” x 4-1/2” rectangles.
Cut (4) 4-7/8” w strips. Subcut (26) 4-7/8” squares.

Fabric C (40772-2) Cream
Cut (3) 4-1/2” w strips. Subcut (48) 2-1/2” x 4-1/2” rectangles.
Cut (3) 2-1/2” w strips. Subcut (48) 2-1/2” squares.
Cut (1) 2-1/2” w strips. Subcut (16) 2-1/2” squares.
Cut (1) 4-1/2” w strips. Subcut (8) 4-1/2” squares.
Cut (1) 5-1/4” squares.

Fabric D (40773-1) Navy
Cut (4) 1-1/2” w strip. Subcut (112) 1-1/2” squares.

Fabric E (40773-3) Light Blue
Cut (12) 2-1/2” w strip. Subcut (192) 2-1/2” squares.
Cut (4) 4-1/2” squares.
Cut (2) 4-7/8” w strip. Subcut (12) 4-7/8” squares.
Cut (2) 5-1/4” squares.

Fabric F (40774-4) Gold
Cut (1) 1-1/2” w strip. Subcut (24) 1-1/2” squares.
Cut (5) 2-1/2” w strips for inner border.

Fabric G (40774-5) Green
Cut (5) 2-1/2” w strip. Subcut (76) 2-1/2” squares.

Fabric H (40775-1) Navy
Cut (1) 2-1/2” w strip. Subcut (4) 2-1/2” squares.

Fabric I (40775-4) Gold
Cut (3) 1-1/2” w strip. Subcut (72) 1-1/2” squares.
Cut (3) 2-1/2” w strip. Subcut
(48) 1-1/2” x 2-1/2” rectangles,
(4) 2-1/2” squares
(4) 2-1/2” x 4-1/2” rectangles.
Cut (4) 2-7/8” w strips. Subcut (52) 2-7/8” squares.

Fabric J (40775-5) Green
Cut (4) 2-1/2” squares.

Fabric K (40776-1) Navy
Cut (10) 1-1/2” w strips. Subcut (248) 1-1/2” squares.
Cut (2) 2-7/8” w strips. Subcut (24) 2-7/8” squares.
Cut (4) 5-1/4” squares.

Fabric L (40776-3) Blue
Cut (1) 1-1/2” w strips. Subcut (20) 1-1/2” squares.
Cut (1) 2-1/2” w strips. Subcut (20) 1-1/2” x 2-1/2” rectangles.

Fabric M (40776-5) Green
Cut (4) 2-7/8” squares.
Cut (5) 2-1/2” w strips. Subcut (96) 2-1/2” squares.
Cut (8) 2-1/4” w strips for binding.

Fabric N (40777-2) Cream
Cut (2) 1-1/2” w strips. Subcut (48) 1-1/2” squares.

Fabric O (40777-5) Green
Cut (8) 1-1/2” w strips. Subcut (224) 1-1/2” squares.
Cut (2) 2-1/2” w strips. Subcut (12) 2-1/2” squares.
(4) 2-1/2” x 4-1/2” rectangles.
Cut (4) 2-7/8” squares.
Cut (1) 5-1/4” square.
Cut (4) 4-1/2” squares.

Fabric P (40777-7) Gold
Cut (8) 6-1/2” w strips. Subcut (8) 6-1/2” squares.
Cut (2) 4-1/2” w strips. Subcut (8) 4-1/2” squares.
Cut (2) 5-1/4” squares.

Fabric Q (40777-8) Cream
Cut (2) 1-1/2” w strips. Subcut (48) 1-1/2” squares.

Fabric R (40778-2) Light Blue
Cut (12) 2-1/2” w strip. Subcut (192) 2-1/2” squares.
Cut (4) 4-1/2” squares.
Cut (2) 4-7/8” w strip. Subcut (12) 4-7/8” squares.
Cut (2) 5-1/4” squares.

Fabric S (40778-3) Gold
Cut (1) 1-1/2” w strip. Subcut (24) 1-1/2” squares.
Cut (5) 2-1/2” w strips for inner border.

Fabric T (40778-6) Green
Cut (5) 2-1/2” w strip. Subcut (76) 2-1/2” squares.

Fabric U (40778-8) Blue
Cut (2) 1-1/2” w strips. Subcut (48) 1-1/2” squares.

Fabric V (40779-2) Gold
Cut (8) 1-1/2” w strips. Subcut (224) 1-1/2” squares.
Cut (2) 2-1/2” w strips. Subcut (12) 2-1/2” squares.
(4) 2-1/2” x 4-1/2” rectangles.
Cut (4) 2-7/8” squares.
Cut (1) 5-1/4” square.
Cut (4) 4-1/2” squares.
PIECING INSTRUCTIONS

STEP 1: BLOCK ONE
Draw a diagonal line across the reverse side of (1) K 1-1/2” square and lay it right sides together to the left side of (1) I 1-1/2” x 2-1/2” rectangle, see diagram below. Stitch on drawn line. Fold over K top right corner down and trim excess 1/4” seam allowance. Press seam toward I. Repeat for right side. Make 48 KI flying geese units, trim to 1-1/2” x 2-1/2”.

Set One: Sew (1) KI unit to each side of (1) A 2-1/2” square. Make 12, trim to 2-1/2” x 4-1/2”.
Set Two: Sew (1) I 1-1/2” square to each side of (1) KI unit. Make 24, trim to 1-1/2” x 4-1/2”.
Then sew Set 2 to top and bottom of Set 1 unit. Make 12 Block Ones, square to 4-1/2”.

STEP 2: BLOCK TWO
Using C and M 2-1/2” squares, C 2-1/2” x 4-1/2” rectangles and Block One make Block Two.
Make CM flying geese units similar to KI flying geese units. Assemble as shown in diagram below.

STEP 3: PATCH BLOCK
Take (1) F and I 1-1/2” squares and (2) N 1-1/2” squares and sew into a four patch, see diagram. Make 24 four patch blocks, square to 2-1/2”. Then sew E 2-1/2” squares to the four patch blocks. Make 12 patch blocks, square to 4-1/2”.

MAKE 12 BLOCK ONES (B1) SQUARE TO 4-1/2” SET ASIDE.

MAKE 12 BLOCK TWOS (B2) SQUARE TO 8-1/2” SET ASIDE.

MAKE 12 PATCH BLOCKS SQUARE TO 4-1/2” SET ASIDE.
STEP 4: UNIT ONE  Cut (1) K 2-7/8” square and (1) E 4-7/8” square once diagonally. Sew K triangles to (1) C 2-1/2” square, see diagram. Next add E triangle to CK unit. Make 16 Unit Ones, square to 4-1/2”. Set aside.

UNIT TWO: Similar to UNIT ONE assembly make UNIT TWO using O 2-1/2” squares. Make 8 Unit Twos, square to 4-1/2”. Set aside.

STEP 5: UNIT THREE  Take (1) M and (1) O 2-7/8” squares and cut diagonally, then sew one triangle of each together. Press seam towards M fabric. Make 8, square to 2-1/2”. Add to Unit Three (1) I and O 2-1/2” square. Make 4 Unit Threes, square to 4-1/2”.

STEP 6: UNIT FOUR  Sew (1) C 4-1/2” square to (1) Unit One block.  
*Note proper rotation and placement of blocks.*

STEP 7: UNIT FIVE  Sew (1) Unit One/Two block to (1) Four-Patch block, as shown in diagram below.  
*Note proper rotation and placement of blocks.*
STEP 8: BLOCK THREE  Sew (1) Unit Four-A to (1) Unit Five-A as shown in diagram. 
*Note proper rotation and placement of blocks.*

STEP 9: UNIT SIX  Sew (2) Block Twos together and then add (1) Unit Four-B to right side, as shown in diagram below. Make 4. Set aside. *Note proper rotation and placement of blocks.*

STEP 10: UNIT SEVEN  Sew (1) Block Two to (1) Block Three together. Then add (1) Unit Five (B) to right side, follow diagram below. *Note proper rotation and placement of blocks.*

STEP 11: UNIT EIGHT  Sew (1) Unit Four-A, (1) Unit Five-C and (1) Unit Three together. 
*Note proper rotation and placement of blocks.*
**A Delicate Balance**

**STEP 12: CORNER UNIT** Sew (1) Unit Six, (1) Unit Seven and (1) Unit Eight together as shown in diagram. *Note proper rotation and placement of units.*

**STEP 13: QUARTER UNITS A-B** Take (1) C, E, K and O 5-1/4” squares and cut twice diagonally. Sew triangles as shown in diagram. Make 4 of each, square to 4-1/2”.

**STEP 14: KL UNITS** Make 20 KL flying geese units, similar to step 1, using K 1-1/2” squares and L 1-1/2” x 2-1/2” rectangles. Then add (1) L 1-1/2” square to each side of 1 KL unit.
STEP 15: BLOCK FOUR A-B Take KL and KL-L flying geese units and J 2-1/2” square for block center and assemble similar to Step 1’s Block One. Repeat for Block Four B using B 2-1/2” square for center. Square to 4-1/2”.

STEP 16: MO UNITS Make (4) MO flying geese units, similar to step 1, using M 1-1/2” squares and O 1-1/2” x 2-1/2” rectangles.

STEP 17: UNIT NINE Sew together (1) QUA, (1) B4A, (1) QUB, (1) O 4-1/2” square, (1) MO unit, and (1) I 2-1/2” x 4-1/2” rectangle. Make 4 Unit Nines. Set aside.

STEP 18: PATCH BLOCK (BLUE) Take (1) D, (1) K and (2) O 1-1/2” squares and make into a four-patch, similar to Step 3’s four-patch block assembly. Then sew E 2-1/2” squares to four-patch.

STEP 19: BLOCK FIVE Similar to Step 4’s Unit One assembly make Unit Ten by sewing I 2-7/8” squares (cut once diagonally) and E 2-1/2” squares together. Then add (1) B 4-7/8” square (cut once diagonally) to EI unit. Next sew together Unit Ten to Patch Block Blue. Make (2) units, sew units together via long edge, see diagram. Note proper rotation and placement of units.

NOTE: (4) U10’s will remain for Block Six assembly.
A Delicate Balance

STEP 20: BLOCK SIX  Sew (1) E 4-1/2” square to (1) Patch Block Blue. Then sew (1) Unit Ten to (1) E-Patch, similar to BLOCK FIVE assembly, see diagram. **Note proper placement of units.**

---

STEP 21: QUILT CENTER ASSEMBLY  Sew Corner Units, Unit Nine and Block Four-B together, following diagram below. **Note proper rotation and placement of units.**

BORDER F: Sew (5) F 2-1/2” strips together via short ends. Subcut (2) F 2-1/2” x 44-1/2” and sew to sides of quilt center top. Subcut (2) F 2-1/2” x 48-1/2” strips and sew to top and bottom of quilt-center top. Set aside.
A Delicate Balance


Sew (1) Block Six to ends of (1) Border Patch, see diagram. Make 2. Trim to 8-1/2” x 48-1/2”. Sew (1) border unit to top and bottom of quilt center.

SQUARE TO 64-1/2”
A Delicate Balance

**STEP 23: BORDER A** Sew (8) A 6-1/2” strips together via short ends. Subcut (2) A 6-1/2” x 64-1/2” and sew to sides of center top. Subcut (2) A 6-1/2” x 76-1/2” strips and sew to top and bottom of center top. Quilt top is now about 76-1/2” square. See Quilt Diagram.

**STEP 24: BG FLYING GEESE BORDER** Using G and M 2-1/2” squares and B 2-1/2” x 4-1/2” rectangles, make (76) GBM flying geese units, similar to step 1.

Sew (19) GBM units together to make 4 flying geese borders. Sew (1) to each side of quilt top. **Note proper rotation of flying geese units and borders.**

Add (1) H 2-1/2” square to ends of remaining GBM flying geese borders. Sew (1) to top and bottom of quilt top. **Note proper rotation of flying geese borders.**

**FINISHING:** Remove selvages and press seam open. Layer backing, batting and quilt top together. Quilt as desired. Bind quilt top using M 2-1/4” strips.